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Ottawa metro



Your essential daily news | WEDNESDAY, APRIL 1, 2015

High 3°C / Low -3°C Cloudy



MOTOWN MOJO

Ottawa Senators left wing Clarke MacArthur, fourth from left, celebrates with teammates after his goal against the Detroit Red Wings in the third period in Detroit on Tuesday. The Sens went on to win 2-1 in a shootout, keeping them three points behind Boston for the final playoff spot in the east. More coverage, page 24. PAUL SANCYA/THE ASSOCIATED PRESS

A bright idea for downtown

PLANNING

NCC's new project aims to shine lights on Ottawa streets



Haley
Ritchie
Metro | Ottawa

We all want Ottawa to shine brighter, but this idea became very literal at a National Capital Commission workshop Tuesday night on how the downtown core should be lit.

The NCC project is being led by executive director of capital planning Steven Willis, also known as the city's de facto illuminati of illumination.

Willis, along with heritage expert Christina Cameron, gave short presentations to a packed room before inviting attendees to share ideas.

"We're very early in the steps. This is truly the project kick-off," said Willis. "The cities that have done this well, people go there just to see what the city looks like at night. That's what I'd like to accomplish here."

The project aims to use coloured lights to create a cohesive "nightscape" and, in the meantime, reduce energy use downtown.

The NCC will be contracting a technical expert in the next four weeks to develop a draft, with hopes that a final plan could be unveiled next summer.

Then, the NCC will select a few special pilot projects to accomplish before the 2017 bicentennial celebration.

Money has already been set aside for the plan and the special projects will be paid for out of the NCC's regular capital projects fund. Willis said interest from the private sector has been strong and he'll be reaching out to other federal departments, as well.

+ CONSULTATION

The next opportunity for public consultation will be in the fall, after an early plan is drafted.

The diverse groups of workshop attendees Tuesday evening included city architects, property owners, lighting engineers, residents and representatives from Public Works and Hydro Ottawa.

Each group had a chance to voice concerns and visions for the city's nightscapes, including which monuments, buildings and districts should be included.

A repeated concern was that lighting should be subtle.

"We may want to use caution," said Cameron, who used an example of an over-lit heritage building in Mumbai that attracted global attention. "We're trying to light better, not necessarily light more."



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NIGHTLIFE

Big Rig brewery opens second bar



Trevor Greenway
Metro | Ottawa

If you ask Jimmy Zourntos if the craft beer market is flowing in Ottawa, he won't say a word.

He'll instead invite you into his new Big Rig brewery bar — the second such location in just three years for Zourntos and his four other co-owners, including Ottawa Senators' defenceman Chris Phillips.

"The younger generation appreciates craft beer made by creative brewmasters," said Zourntos, sitting at the bar at his new location in Gloucester, just off Blair Road, on Tuesday.

"Brewmasters have infinite creativity with flavours."

That infinite creativity has led to 10 unique craft beers at Big Rig — all of them crafted by the pub's brewmaster, Lon Ladell.

But the goods don't stop at

the pints. The pub has an extensive menu full of hearty comfort foods to keep the belly full.

"It's quality food with a passion and at the right price point," added Zourntos.

"People in Ottawa love to spend money to go out and eat and we are that casual dining spot."

Zourntos said chef Joseph Abbas has put together an ambitious menu with everything from Montreal-style pizza and massive burgers to jambalaya and classic mac and cheese.

"Our mac and cheese is, bar none, the best in Ottawa," boasted Zourntos.

+ BACKGROUND

Other properties

The company also has a bar on Iris Street and a massive, 18,000 square foot brewery in Kanata.



Big Rig brewery bar's new location. CONTRIBUTED



A bird flies downtown on Tuesday. The highrise at Laurier Avenue and Kent Street is particularly fatal for birds. HALEY RITCHIE/METRO

Hitting a glass wall

CITY LIFE

Bird death rate particularly high during migration



Haley Ritchie
Metro | Ottawa

Ever look out your office window, thinking it would be nice to switch places with the birds soaring past?

When you learn how many times our feathered friends have flown into glass buildings in the downtown, your opinion might change.

For instance, it's happening quite regularly at the tall glass highrise at the corner of Laurier

Avenue and Kent Street, as well as the Constitution Square towers on Albert Street, two of Ottawa's deadliest buildings when it comes to bird deaths, according to a national reporting map.

The map isn't completely accurate, since incidents started being tracked only about a year ago, by a dozen volunteers.

But concerned citizens are working with the Ottawa wing of the Fatal Light Awareness Program, an organization that educates people and builders on the risks faced by city birds, especially during spring and fall migration.

"The main problem is that birds don't see glass; They don't recognize it as a solid surface," said organizer Anouk Hoedeman.

Their statistics show that over the past 12 months, 112 birds have flown to their death at the highrise at Laurier and Kent —

336

The number of bird deaths recorded by Fatal Light Awareness Program in Ottawa last year.

Hoedeman said each year up to a billion birds across the country die from collisions with windows, and the problem is widespread in Ottawa. When they're injured, they make quick meals for gulls or other predators.

Most people don't even see them, or just assume the birds are resting, she said.

A source who works in downtown real estate, but preferred not to be named, said he wasn't aware of it being a problem in Ottawa, although his office did once rescue some urban ducklings that hatched in an office planter.

"Obviously if there is an issue we'd want to deal with it, not ignore it," he said.

The man said his company did have a bird collision problem with a building in suburban Toronto and he'd seen a special window treatment used as a solution.

the No. 1 spot. There were 57 deaths at the towers on Constitution Square.

Hoedeman is currently discussing bird-safe design guidelines with the City of Ottawa. Her organization is asking for volunteers to join patrols in the city to rescue injured birds and document fatalities online.

"Being able to rescue birds is really rewarding and to be able to document the problem and try to do something about it is really meaningful," she said.

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Ottawa man in Miami collision

NO LICENCE

Driver turns herself in to police after hit-and-run



Joe Lofaro
Metro | Ottawa

An Ottawa man involved in a hit-and-run in Miami is clinging to life in a medically-induced coma in hospital as police alleged Tuesday the driver, who turned herself in, did not have a licence.

Alexander Sanghwan, 22, remained in critical condition at the Jackson Memorial Hospital trauma centre after being rushed there with multiple injuries early Sunday morning.

According to Miami-Dade police, Sanghwan was walking on the edge of a road at approximately 5:30 a.m. when he was struck by a blue 2010 BMW.

The driver, 26-year-old Olivia Bennett, contacted defence lawyer Gerald Tobin and then surrendered to police Monday.

Bennett, of Miami, was charged with leaving the scene of a crash with serious bodily

injury and reckless driving with serious bodily injury.

According to an arrest affidavit, Tobin informed police the damaged BMW could be found in the parking lot of Tootsie's Cabaret, a Miami strip club.

The document also stated Bennett does not have a Florida driver's licence and "was unable to provide proof of any driver's licence issued from any other state."

+ VICTIM, 22, IN MEDICAL COMA

Alexander Sanghwan's mother, Patricia Sanghwan, told CBC News on Tuesday her son was hit from behind while hailing a taxi outside a nightclub. She said he was visiting Miami to attend a music festival.

"I can only think for my son. He's such a good boy, he has such a future ahead of him," she said.

Police say the driver of the vehicle fled the scene without rendering aid to the victim.

METRO

CRIME

Police seek suspect in 3 bank robberies

Ottawa police are looking for help identifying a suspect believed to have robbed three different banks in one week.

The suspect is being described as a male, five-foot-eight and about 20 to 25 years old. He wore sunglasses and a hat during each robbery. Witnesses say the suspect also wore gauges in both his ears.

In all three robberies, the same suspect allegedly produced a note demanding money and left the banks with undisclosed amounts of cash. In the two most recent robberies, the suspect indicated he had a gun that was never seen.

The first robbery, on March

24, took place at the South Keys Plaza near Bank Street and Johnson Road at 4:05 p.m. The second was on March 27, along the 1900 block of Montreal Road at 2 p.m., and the most recent, on March 29, was in St. Laurent Mall at 3:55 p.m.

METRO

+ CAN YOU HELP?

Anyone with information regarding these robberies is asked to contact the Ottawa Police Robbery Unit at 613-236-1222 ext. 5116.



Video capture of suspect sought in bank robberies. CONTRIBUTED

IN BRIEF

Two boys, 15 and 16, charged in bank robbery
Police have charged two teens with a bank robbery in the city three weeks ago.

Ottawa Police say the robbery happened in the 2400 block of Bank Street near Hunt Club Road on the evening of March 11.

A man wearing a disguise showed the teller a note and demanded cash. Police say another man was waiting at the front

of the bank and both fled the scene on foot after the robbery took place.

On Monday, police charged two Ottawa boys — aged 15 and 16 — in relation to the incident.

Both are charged with robbery and conspiracy to commit an indictable offence. The 15-year-old is also charged with wearing a disguise while the 16-year-old is up on breaching conditions.

METRO

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Mission expansion into Syria a betrayal: Students

POLITICS

Tories accused of allying with Assad regime to fight ISIL



Joe Lofaro
Metro | Ottawa

Canadian fighter jets could be days away from bombing targets in Syria, but opposition leaders Tom Mulcair and Justin Trudeau aren't the only ones against the federal government's plan to expand its mission against the Islamic State of Iraq and the Levant (ISIL).

Some Syrian-Canadian students at Carleton University are accusing the governing Conservatives of allying with the regime under President Bashar Assad by launching airstrikes in the country, which is still caught in a bloody civil war.

"I feel like us Syrians are getting betrayed. Why would we work with these kind of people?" said Marwah Halak, a communications and political science student and president of the Syrian Association of Ottawa.

"A lot of our families died. We became refugees. We lost families, we lost money, we lost houses, we lost everything."

Prime Minister Stephen

Harper, however, told the House of Commons after MPs voted 142-129 on the ISIL motion this week that the bombing campaign would not benefit Assad.

"In particular, we cannot stand on the sidelines while ISIL continues to promote terrorism in Canada as well as against our allies and partners, nor can we allow ISIL to have a safe haven in Syria," Harper said.

ISIL needs to be taken out, but the Conservatives' approach is misguided and puts the Assad regime and Canadian fighters on the same side, Halak said.

"When we ally with them... we're recognizing them and we shouldn't be recognizing them," she said.

Ruba Adas fears innocent civilians will be put in harm's way.

"If they're going to bomb ISIL, I'm pretty sure the citizens will be located near those areas," she said.

Just before the House vote on Monday night, NDP leader Tom Mulcair argued the expansion into Syria could pull Canada into decades of conflict and said Assad cooperated with ISIL.

"He released their prisoners," Mulcair said. "We know that he is benefiting from airstrikes to seize more territory in Syria. That's why his foreign affairs minister says Assad and the West are now aligned. This is a serious ethical problem."

WITH FILES FROM THE CANADIAN PRESS



Syrian-Canadians Marwah Halak, left, and Ruba Adas are speaking out against the Conservatives' plan to expand the assault on ISIL in Syria, on political grounds. JOE LOFARO/METRO

HOMEOPATHY ACT

Move to regulate slammed

Ontario's move to regulate the field of homeopathy in a way similar to how it governs doctors and nurses, making it the first province to do so, is being greeted with skepticism from some in the medical and scientific community.

The province's Homeopathy Act, which has been in the works since 2007, is set to receive royal assent Wednesday.

Critics fear the legislation will lend legitimacy to homeopathy, which has been debunked by some as having no basis in science.

For the provincial government, however, the move is meant to protect those who do seek out the alternative treatment.

"I see this as an issue partly of public safety, to provide for our homeopaths a standard of care and guidelines under which they are expected to practise," said Ontario Health Minister Eric Hoskins.

"It gives an opportunity, for the first time, if there's a patient of a homeopath that feels that he or she hasn't received the level of care expected... a place to go formally, where they can lodge a complaint or ask for advice or a decision to be made."

Hoskins added that it's up to educated Ontarians to choose the form of health care they want to be provided with.

Homeopathy is based on the concept that "like cures like."

Illnesses are treated by using highly diluted doses of substances that in larger amounts would produce the symptoms of the ailment.

THE CANADIAN PRESS

BUDGET

Ontario's \$10.9B deficit reported lower than projected

Ontario's finance minister says the province's deficit is \$10.9 billion — lower than the previously projected \$12.5 billion.

Charles Sousa made the announcement Tuesday during a pre-budget speech to the Toronto Region Board of Trade.

Sousa has said a provincial budget will be tabled this spring, but has not yet announced a date for it.

The Liberal government last year announced a projected deficit of \$12.5 billion for 2014-15 as it attempts to balance the books by 2017-18.

Various analysts and credit rating agencies have expressed skepticism that Ontario can eliminate the deficit by then,

but Sousa insists it can be achieved.

Sousa says the path to balance is through finding savings in government programs, managing compensation costs and "maintaining" revenue.

The government is reviewing its program spending, which Sousa said is projected to save \$1.25 billion over the next three years.

It is also in the midst of bargaining with public sector workers, with a target of net zero so that any increases are offset.

The annual sunshine list, released last week, showed a 14-per-cent jump in the number of public sector workers making

more than \$100,000 per year.

The spring budget is expected to reveal government plans for asset sales, but the Liberals have said any money generated will go toward transit and other infrastructure projects.

Fitch Ratings downgraded Ontario's long-term debt rating in December, warning of "difficult actions" that would be needed to eliminate the deficit in just two years.

Moody's changed Ontario's debt rating last July to negative from stable, citing similar concerns.

Progressive Conservative finance critic Vic Fedeli said the government did not have a line-by-line set of numbers in projec-

tion tables in last year's budget for how it will get to balance.

"They're just left blank," he said Tuesday. "This is supposed to show us how they balance the books. They show a made-up revenue number, they show a made-up expense number, but there's no line by line for either of them and they magically add up to a zero, a balanced budget in 2017-18."

NDP Leader Andrea Horwath predicted the upcoming budget would contain bad news for taxpayers as the Liberals try to reach balance, and said it was no surprise they had once again managed to "beat" their interim deficit reduction goals.

THE CANADIAN PRESS

IN DETAIL

The Liberal government last year announced a projected deficit of \$12.5 billion for 2014-15 as it attempts to balance the books by 2017-18.

Ontario Finance Minister Charles Sousa has so far not ruled out raising taxes and the Liberals have said they won't cut services and programs to get to balance.

Sousa has said a provincial budget will be tabled this spring.



Charles Sousa
THE CANADIAN PRESS

Kanye haters singing the blues

BLUESFEST

Announcement of festival headliner sparks protest



Trevor Greenway
Metro|Ottawa

Haters gonna hate.

The phrase is ringing true in Ottawa after organizers of Ottawa Bluesfest announced that Kanye West will headline the festival's popular event.

The announcement sparked controversy online with one Ottawa music fan even starting an online Facebook group to ban arguably the biggest name in music from playing the festival.

"I am not a fan at all," said Amy Lamothe, who started the Stop Kanye West at Ottawa Bluesfest Facebook page that had more than 100 members on Tuesday.

"He publicly humiliates himself on a weekly,

monthly, daily basis. I feel the money should have been spent on relevant rock artists."

Lamothe said she would rather see a band like the Foo Fighters or the Black Keys.

She said Kanye should have his own show in Ottawa instead of "riding the coattails of this amazing festival."

Many would argue that the haters can just choose not to go to the festival on that given day, but Lamothe said having an artist, who doesn't respect other fellow artists shouldn't get a voice in friendly Ottawa.

Lamothe made it clear that she doesn't hate rap music, as she plans to see Nas and De La Soul, but Kanye's inflated ego is too much for her.

Boom FM morning host Sandy Sharkey isn't surprised Kanye is such a lightning rod, as he is one of the biggest names in music today.

And while his ego may rub people the wrong way, the reason he is still around is because he has the talent to back up his mouth.

She said that if true music



He publicly humiliates himself on a weekly, monthly, daily basis. I feel the money should have been spent on relevant rock artists.

Amy Lamothe, who started the Stop Kanye West at Ottawa Bluesfest Facebook page

lovers can get past his ego, they will enjoy the show.

"He is really talented, but it's just that his ego knows no boundaries," said Sharkey.

"Some people are OK to just go and see an act based on their talent and forget about all of the other stuff around that band. If you can just look at the guy as an entertainer, you are going to be in for a great show."

Kanye West plays Ottawa Bluesfest July 10.



Kanye West performs in New York City in February. JERRITT CLARK/GETTY IMAGES

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FIFA

Women's soccer trophy on display

The biggest trophy in the world for women's soccer will be making its debut in Ottawa on Wednesday.

The trophy will be on display in front of city hall from 4 to 9 p.m. on Wednesday and then again on the weekend.

Festivities will include photo ops and soccer-themed games, and the 2015 owl mascot will be making an ap-

pearance.

The tour is a lead-up to the 2015 FIFA Women's World Cup hosted in Canada, including nine games coming to Ottawa at TD Place in June.

The trophy will move on after Sunday, stopping in Quebec and Nova Scotia before heading west to the rest of the country.

METRO



The trophy of the FIFA women's football World Cup.

FABRICE COFFRINI/AFP/GETTY IMAGES/FILE



IN BRIEF

Men's national curling championship organizers call for volunteers

You may not be able to scream, "hurry hard," while volunteering at the 2016 Tim Horton's Brier next spring, but at least you will get to check out some curling action.

Organizers of the men's national curling championship are calling out for volunteers for the week-long tournament — hundreds of free workers to help with everything from dispatching and organizing press interviews to helping run "curling's legendary party place," the Patch.

The official call for volunteers opened Tuesday. Those interested in donating their time can register at To register, visit curling.ca/2016brier/volunteer.

The 2016 Brier runs March 5 to 13 at TD Place Arena and is expected to attract tens of thousands of spectators. About 150,000 came to watch in 2001.

The 12-team tournament features 11 provincial and territorial teams, as well as the reigning Team Canada champion.

METRO

Shakespearean puppets and cellphone thrillers on stage

THEATRE

National Arts Centre announces 2015-16 season



Lucy Scholey
Metro | Ottawa

A tale of two big names in Canada's theatre world begins in the rural neighbourhood of the Goulds in St. John's, N.L.

It's a story that played out on the National Arts Centre stage on Tuesday — but not as a part of the regular season.

Jillian Keiley, the artistic director of the NAC, reunited with Allan Hawco, the star and writer of CBC's *Republic of Doyle*, to announce the English theatre's upcoming season. The packed Fourth Stage room listened to the fun, lighthearted Q & A-style announcement filled with roasts between the two Newfoundlanders

and conversations about Canadian culture as told through theatre.

"You were quoted — and this is true — you were quoted as saying, 'I will never leave Newfoundland and Labrador to run a theatre company unless it's the National Arts Centre,'" Hawco reminisced, to audience laughter.

"And here you are. Is that freaking you out, or what? Does it freak you out that I'm asking you questions now?"

Keiley and Hawco are old friends. They went to the same school and studied under the same drama teacher. She dated his older brother and helped Hawco launch his acting career.

This is as small as Canada's theatre world gets.

Keiley, who describes herself and Hawco as "passionate Newfoundlanders," said she has always been interested in illustrating Canadian culture through theatre.

"Theatre is, inherently, a statement — you can call it



Belles Soeurs, a Québécois play turned English musical, is one of the shows on the lineup of the 2015-16 season at the National Arts Centre. The lineup was announced at a special event featuring actor Allan Hawco. CONTRIBUTED

a political or social statement — but it is a reflection of society because they're stories," she said. "I think it's really fantastic to tell Can-

ada a story about Canada and tell us a story about who we are and what's happening at different parts of our country and reflect, as a na-

tion, on that."

This upcoming season at the NAC is a diverse mix of Shakespearean puppetry from Calgary, baby boom-

ers, Anne of Green Gables, the 1989 Montreal Massacre and a family show about two hockey-playing kids and a grumpy old man.

LINEUP

Diverse mix includes search for God and a Boomer love story

Here's a look at the entire NAC season:

1 The Adventures of a Black Girl in Search of God Oct. 21 to Nov. 7

Written by Governor General's Literary Award-winning playwright Djanet Sears, this play tells the story of a mother grieving for her daughter in Negro Creek, Ont.

2 The December Man Nov. 16 to 28

The Montreal Massacre in 1989 leaves Jean struggling with the guilt of surviving what her classmates did not. Her friends, Benoit and Kathleen, try to help her handle feelings of self-loathing and rage. The drama explores the day of the massacre and the impacts of violence on society.

3 I Am For You Nov. 17 to Dec. 5

A family-friendly play about two high school rivals out to beat each other up. Just as things get heated, a new drama teacher decides to star the two girls as Mercutio and Tybalt in *Romeo and Juliet*. The girls learn to fight — but with swords and words.

4 Anne & Gilbert Dec. 1 to 19



A quintessential Canadian story about the grownup Anne of Green Gables. Her childhood sweetheart, Gilbert

Blythe, proposes marriage, but P.E.I.'s favourite redhead has other suitors in line. The musical score features East Coast Music Award-winning songs.

5 Jack Charles v. the Crown Jan. 13 to 23



Jack Charles is a residential school survivor, addict, cat burglar and gay. The Australian tribal elder also stars alongside a three-piece band in this autobiographical play that retells his beginnings as an actor and activist and descent into heroin addiction and petty crime.

6 Twelfth Night Jan. 20 to Feb. 6



A Shakespearean comedic classic — as told through puppets. Calgary's Old Trout Puppet Workshop is retelling a new version of the Bard's story, complete with a pop music score.

7 BOOM Feb. 24 to March 12



It's a love story for Baby Boomers told through a "kaleidoscope of images, music and video," according to the NAC. In his one-man show, Rick Miller, award-winning director, writer and performer, covers music, history and media from 1945 to 1969 as he recreates politicians, writers, activists and entertainers of the time.

8 Snow Angel March 12

A silent, masked play about two hockey-loving kids and a grumpy old man is for kids

and parents alike. The audience joins in by creating snow with balled up pieces of paper.

9 Concord Floral March 29 to April 9

This is a supernatural thriller about 10 teenagers living in a gothic suburbia. Governor General's Award-winning Jordan Tannahill's play stars 10 young Ottawa actors.

10 Belles Soeurs: The Musical April 27 to May 14

A dozen greedy, raucous women star in Michel Tremblay's iconic Québécois play — redone as an English-language musical. Blue-collar housewife Germaine Laumon wins one million trading stamps and hosts a party to celebrate. But her female guests loudly complain and fantasize about keeping the stamps. LUCY SCHOLEY/METRO

ON ICE

Skating into the record books

The coach for an Olympic hopeful from Ottawa says the 19-year-old is on the right path after she overcame an ankle injury to set a new record in junior women's speed skating at the Canada Cup in Calgary recently.

Isabelle Weidemann skated the 5,000 metres in a little over seven minutes (7:14.55) on Calgary's Olympic Oval on March 22.

This is both the fastest time a Canadian female in under-20 has ever completed the 5k and the best time posted anywhere in the world by a women's junior skater this year.

For context, five kilometres is about the same distance from the National Arts Centre to Dow's Lake on the Rideau Canal Skateway.

Weidemann's season had a late start due to reconstructive surgery performed on her ankle last May. Despite spending the summer in a cast and deciding to miss fall competitions to focus on her training, she has worked her way back to full strength.

"She's got drive," said Mike Rivet, Weidemann's former coach from the Gloucester Concorde. "Her focus, whether or not she is injured, has always been to move forward."

Rivet said Weidemann started to become impatient waiting to get back on the ice.

"As soon as she was able to regain the mobility in her foot she was off again," he said.

Weidemann has also started competing at the senior level and travelled to Norway for the International Skating Union's World Cup earlier this year.

Rivet believes she could have what it takes to be an Olympian someday.

"She's on the right path," said Rivet. "Very seldom do we have a junior-aged skater racing in world cups."

NICHOLAS HODGE/METRO



Speed skater Isabelle Weidemann. METRO FILE

Kids in the Hall: Pioneer of gay themes and characters

IN TOWN

Star talks about show being ahead of its time



Lucy Scholey
Metro | Ottawa

If you tell Mark McKinney he still looks good in a dress, he will tell you to book an appointment with your optometrist.

"Dave (Foley) still can pull off drag in a major way, but the rest of us are starting to



The first audience we care about is the other four guys and that's always been true.

Mark McKinney, on members of The Kids in the Hall

look like Monty Python characters," he said.

The five guys from the Kids in the Hall — Bruce McCulloch, Kevin McDonald, Scott Thompson, Foley and McKinney — have donned the dresses and wigs since the Canadian sketch comedy troop first aired on television in 1988, but always playing female characters and not dudes in drag.

"That was like rule one in Kids in the Hall since Day 1,"

he said.

Monty Python may have preceded Kids in the Hall when it came to men in dresses, but the Canadian troupe was arguably a pioneer when it came to gay characters and themes. Thompson, who is gay, wrote many of those sketches and, in 1992, he snuggled into Don Cherry during a televised interview. It made news headlines back then.

McKinney said the group was

"pretty brave" at the time, but many of their sketches are less shocking today.

"Scott, I think, was groundbreaking," he said. "Now, I don't think it matters. It doesn't really change the way we write."

Yet the characters are still as quotable and adored as ever — including Thompson's Buddy, a gay socialite — who is usually a staple of the Kids' live shows.

One of McKinney's most memorable characters is the Chicken Lady — a shrill-voiced, sexually charged halfhen, half-woman, whose orgasms erupt in a burst of feathers.

She, like McKinney's head-crushing Mr. Tyzik, were born out of other skits McDonald

wrote — back before the Kids graced the CBC and HBO.

"We were completely broke," said McKinney. "We were improvising and doing shows for like eight people at the time. I think we went to a restaurant and split a sandwich we could barely afford."

The crew has yet to rehearse for the North American tour that lands at the National Arts Centre in Ottawa on May 24, but Kids' fans can expect old favourites and new material.

"There was no calibrating or planning, there was no 'We're gonna rip the lid off,'" McKinney said.

"We just wrote stuff that made us laugh."



Actors Scott Thompson, left, Bruce McCulloch, Dave Foley, Kevin McDonald and Mark McKinney of The Kids In The Hall attend the 2008 Canada's Walk of Fame held in Toronto. The crew has yet to rehearse for their North American tour that lands at the National Arts Centre in Ottawa on May 24. GETTY IMAGES

MATRIMONY

Groom surprises bride with ski-resort wedding

When Mike Masongsong teasingly proposed to his girlfriend on the chairlift at Blue Mountain last Saturday, Renée Amaral didn't know what was waiting for her atop the hill.

"I asked her on the chairlift, I said, 'You want to get married, right?' Just for insurance, just in case. We joked about it," Masongsong, 30, told Torstar News Service Tuesday.

As the couple — who met at the hill about four years ago and are now certified ski instructors — hopped off the chairlift and skied toward their intended run,

Amaral, 26, was greeted by 65 snowsuit-clad family members, including her brother, who flew in from Singapore.

"We turned around the corner to get to the run and (Masongsong) was like, 'How about today?'" said Amaral.

She was initially speechless. But she embraced her surprise big day.

Blue Mountain holds a special place in Masongsong and Amaral's hearts. It's where they were randomly introduced through a mutual friend and fell in love at first sight. It's where they

work, having moved permanently to Collingwood about two years ago.

And Masongsong knew it would be the perfect place for the couple, who had talked marriage but weren't interested in the stress or financial strain of traditional nuptials, to wed.

When he pitched the idea to his co-conspirators, Amaral's parents, in mid-February, they loved the idea. But that gave the groom and his future in-laws a mere five weeks to plan.

To keep the big day a secret, Masongsong told very few



You want to get married, right?

Mike Masongsong

people. While she never suspected a wedding, his increasingly secretive behaviour raised some red flags with Amaral.

"Casually I said, 'Babe, you're cheating on me. C'mon, give me the truth,'" she said from Tremblant, where the couple are on honeymoon.

"I'm on top of it too, eh. I'm like a hawk. I got a little suspicious the last week; I was like, he's bringing around his phone a little too much."

"I feel so guilty now."

Still, Masongsong had no concerns his future wife would be anything but happy with his surprise. That feeling was solidified when he found out the officiant he hired to perform the ceremony — the ability to ski or snowshoe being a key to the job description — moonlights on the ski patrol at Blue Mountain.

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World-renowned food chef Jamie Oliver has a message for politicians on Parliament Hill: join his diet campaign, which has been embraced by other rich countries around the globe. GETTY IMAGES

Celeb chef cooks Canuck challenge

HEALTH

Jamie Oliver calls on Feds to improve diet education

Jamie Oliver, Britain's celebrity chef, has thrown down the gauntlet — or maybe it's an oven mitt — to Canadian politicians to join his international campaign for mandatory diet education in rich countries.

The popular chef, television star and best-selling author

says it is time for Canadian politicians to do something about their country's number one killer: diet-related disease.

"The biggest killer in your country is diet-related disease. It's not guns, it's not armed robbery," Oliver said in an exclusive interview from Sydney, Australia, where he launched a global campaign this week urging G20 countries to make food education mandatory in schools.

"When it has a dramatic cost to public health, which it does in Canada ... you really need to do something much more long-

term, much more strategic."

Oliver is well known for his international advocacy for healthy food in schools, but he's upping the ante with his G20 campaign.

He's aiming for millions of signatures worldwide, and is off to a good start: an online petition through the website Change.org attracted 160,000 in the first 24 hours. Oliver cooked for G20 leaders in London at their 2009 summit.

Oliver said he's not political, but the issue of healthy food has been a politically charged one in Canada.

Recent images showed Rankin Inlet residents foraging for food in a dump, while the United Nations food envoy criticized Canada two years ago for not ensuring healthy food reached vulnerable populations, including aboriginals.

"It's about Canadian politicians looking after every child, whether they're middle class, whether they're from rich communities, whether they're poor or whether they're in the far limbs of the country, and whatever ethnic backgrounds," said Oliver.

This week, the Canadian Task Force on Preventive Health Care, for the first time in more than two decades, called on doctors to monitor the growth of their young patients on an ongoing basis.

It recommended that doctors refer their young overweight or obese patients to structured behavioural interventions such as working with nutritionists and other professionals.

Oliver said it is cheaper in the long term and ultimately more effective to target children in schools, with a manda-

+ NATIONAL STRATEGY

Diet, food education call dismissed by government in 2013

The United Nations Special Rapporteur on Food, Oliver de Schutter, tried offering some advice to the Harper government in 2013 when he called for a national food strategy to deal with what

he saw as nutritional inequities.

In response, then health minister Leona Aglukkaq called De Schutter "ill-informed" and "patronizing" while former immigration minister Jason Kenney described him as "completely ridiculous."

tory curriculum that teaches them how to raise a garden, cook food, and learn "about geography, the history, the science, the maths behind it all."

"Compulsory food education for every Canadian kid has not been promised, and that to me is immoral," said Oliver.

Oliver noted that he finds Canadians to be generally bet-

ter educated about food issues than people in other countries, so he said they should "not ask, but tell" their politicians to do more.

That's one reason why he said he partnered with Nova Scotia-based supermarket chain Sobeys two years ago; to bring healthy food options to consumers. THE CANADIAN PRESS



Compulsory food education for every Canadian kid has not been promised, and that to me is immoral.

Jamie Oliver

Tories strong-arm rivals

ANTI-TERROR BILL

Changes put forward by opposition get rejected

The Conservatives under Prime Minister Stephen Harper used their majority on the House of Commons public-safety committee to vote down the first wave of opposition amendments to the federal anti-terrorism bill.

Government MPs also won approval for a few changes they put forward Tuesday with the aim of clarifying some elements of the legislation.

But after more than six hours of clause-by-clause review, it was clear the government was not about to waver on core elements of the 62-page security bill.

The bill would give the Canadian Security Intelligence Service (CSIS) more power to thwart suspected terrorist plots — not just gather information about them.

It would also increase the



Prime Minister Stephen Harper answers a question on the anti-terrorism bill during question period in the House of Commons on Tuesday. ADRIAN WYLD/THE CANADIAN PRESS

exchange of federal security information, broaden no-fly list powers and create a new criminal offence of encour-

aging someone to carry out a terrorism attack.

In addition, the bill would make it easier for the RCMP to

obtain a peace bond to restrict the movements of suspects and extend the amount of time they can be kept in preventiva-

+ VOTE

NDP, Liberals go separate ways on supporting bill

The NDP and Green party plan to vote against the bill. The Liberals, while proposing changes, intend to support it.

THE CANADIAN PRESS

tive detention.

Public Safety Minister Steven Blaney says the legislation is needed to keep Canadians safe from jihadi-inspired attacks like the ones that claimed the lives of two soldiers just days apart last October.

"These are terrorists who are threatening us, and we will fight them," Blaney said during question period Tuesday.

At committee, opposition MPs from four parties put forward dozens of suggested changes, but they were summarily defeated.

The committee heard from almost 50 witnesses — many of whom suggested changes to the bill — in recent weeks.

THE CANADIAN PRESS

IN BRIEF

Teachers' Pension Plan earns 11.8 per cent return

The Ontario Teachers' Pension Plan earned an 11.8 per cent return on investments last year, taking its net assets to \$154.5 billion.

The result put the pension in a surplus for a second consecutive year. Its liabilities were 104 per cent funded, with a preliminary funding surplus of \$6.8 billion at Jan. 1.

"With continuing low interest rates, intense competition pushing up asset prices, the slide in oil prices and resulting stock-market volatility, 2014 was not an easy year for investment success," Teachers' president and chief executive Ron Mock said in a statement.

Teachers' invests and administers the pensions of 311,000 active and retired teachers in Ontario.

The plan's public and private equity investments earned 13.4 per cent for 2014, while its fixed income assets earned 12 per cent. Teachers' Private Capital earned 22.0 per cent. THE CANADIAN PRESS



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War resisters face uphill battle

U.S. MILITARY

Tories ramping up deportations, says ex-soldier



Jessica Smith Cross
Metro | Toronto

Dean Walcott is waiting for a letter that will send him to jail.

Walcott is one of about 20 U.S. Iraq war resisters — “deserters” or “contentious objectors,” depending on your point of view — who are living in Canada and fighting deportation.

The Conservatives are against letting the resisters stay but, with an election roughly seven months away, the bureaucratic process might just be slow enough to allow them a shot at staying in Canada.

“It means a lot to me. I’m hoping I’ll still be here for that election, but there’s no way of knowing,” Walcott told Metro.

Walcott went AWOL in 2005 after four tours in Iraq. He fled to Canada, settled in Peterborough, and, over the course of a decade, got married and had children. If he’s sent back, he’ll likely be convicted of desertion in a U.S. military court.

Since 2006-07, the number of resisters in Canada has shrunk to 20 from 200, according to the War Resisters Support Campaign, an activist group based in Toronto that has been assisting the resisters and lobbying politicians on their behalf. Forty-five have made legal claims for residency while the others have been deported, gone back to the U.S. voluntarily or sought refuge in another country, said organizer Michelle Robidoux.

Joshua Key, whose true story of fleeing the Iraq War was told in *The Deserter’s Tale*, written by Lawrence Hill, said he’s seen deportations pick up steam since the government decided to send jets to Iraq this fall.

“It seemed that things changed about that time,” said Key, who now lives in Winnipeg.

“They started making action on a lot of our cases, started the deportation process with many. I myself, to be quite honest, am just waiting on a letter to arrive. Then you do whatever they tell you to do.”

Public opinion polls show that a majority of Canadians support the resisters: In a 2008 Angus Reid survey, about two-thirds of Canadians said they wanted them to be allowed to stay. But those who are opposed tend to be vehemently so.

The Conservative government wants Walcott and the others sent back. The immigration minister issued an operational bul-



Dean Walcott stands holding his U.S. Marines sword in front of the Peterborough home he shares with his wife and three children. The back of his SUV reads “U.S. Marine Corps Retired,” a slogan he figures is as close as he’ll find for his situation. JOEL WIEBE/FOR METRO



It’s incredibly important ... that soldiers’ right to conscience be defended.

Michelle Robidoux,
War Resisters Support Campaign

letin in 2010 to immigration officers that stated desertion was to be treated as a crime that makes the resisters ineligible to get residency in Canada.

In a statement to Metro, a spokesperson for the Ministry of Citizenship and Immigration confirmed those who have deserted the military in their country of origin may be inadmissible to Canada under the Immigration and Refugee Protection Act.

“Military deserters from the

United States are not genuine refugees under the internationally accepted meaning of the term. These unfounded claims clog up our system for genuine refugees who are actually fleeing persecution,” the statement said.

So far, the lowest sentence anyone has received in the U.S. has been eight months; the most, 24. Those who have spoken out against the war have been punished more harshly, said Robidoux.

Robidoux, who is Canadian, said she helps the war resisters because she believes they are the only people speaking out about the impact of the war on Iraqis.

“The war resisters speak the ground truth of the war in Iraq and it’s incredibly important that their voices be heard and that soldiers’ right to conscience be defended,” she said.

While Robidoux said the bulletin has been the biggest hurdle, rescinding it now may not be enough to change the course of each individual deportation process. She’s hoping the election brings a new government that will legislate Parliament’s will to let the resisters stay en masse.

That’s if there are any left by then.

Nothing justifies Iraq war: Resister

Dean Walcott was serving in a military hospital in 2004 when an Iraqi tent city was set on fire by a mortar round and the hospital was flooded with burn victims, women and children, screaming and bloodied, he recalls.

Today, he has flashbacks of burned bodies and has been diagnosed with PTSD.

“In the military, you expect death... You know what collateral damage means, but it’s not the same thing when you see it up front in your face.”

Walcott’s not against all war, but everything he saw led him to believe the Iraq war was immoral.

“Dealing with people who came into the hospital, the question all the time was, ‘Why my son? Why my daughter? Why my dad?’ And there’s nothing that justifies it,” he said. “It would have been nice to look at those people and say, ‘We’re doing this for the sake of humanity, we’re doing this to help people.’ And honestly, we just weren’t helping people at all.”

What gets said a lot about war resisters is that they’re “cowards,” said Walcott. But he was working stateside when he decided to run. He’d survived four tours, had PTSD and knew he’d never be deployed again.

“My unit specifically does not allow me to deploy ever again. Where’s the cowardice? Where is it? I deployed four times; I was never going to deploy again. Where’s the cowardice in that?”

He left, he said, because his job required him to help send reservists overseas, and he could no longer handle sending them away to die.

Walcott said one ideological



I never signed a contract to go kill innocent people.

Joshua Key

divide often comes from families with a strong military tradition.

“There are families that have been in the military, fathers and grandfathers before them, and naturally they take a great deal of offence to what we’ve done,” said Walcott.

But those families can be proud of their First and Second World War legacies in a way Walcott said he can never be proud of what he did in Iraq.

“I don’t see any honour in attacking somebody who is defenceless. I don’t see any honour in hurting people that never hurt me, never hurt my family, never hurt my government, never came close to hurting my government,” he said.

As for Joshua Key, he said he’s often told that by deserting he’s broken a contract.

“Yes, I sure did,” he said, “but what I went through (in) Iraq, well, I never signed a contract to go kill innocent people. That’s an easy one.” JESSICA SMITH CROSS/METRO

+ BACKGROUND

Where political parties stand

The Conservative government issued Operational Bulletin 202 in July 2010 ordering immigration officers to consider military deserters criminally inadmissible to Canada. In two separate votes before the legislature, all Conservatives voted against letting deserters stay.

The NDP has called on the government to rescind the operational bulletin and let resisters remain in Canada on humanitarian and compassionate grounds.

The NDP has consistently voted in favour of letting them stay.

A Liberal government would rescind the Conservatives’ operational bulletin and let each case proceed on its own merits, according to a spokesperson. Though former leader Michael Ignatieff led a walkout from a 2010 vote on a Liberal MP’s private member’s bill that would have allowed the war resisters to stay, current Leader Justin Trudeau stayed and voted yea.

It was under former Liberal prime minister Pierre Trudeau that the Vietnam War-era resisters were welcomed to apply for permanent resident status.

IN BRIEF

Rob Ford apologizes for racist slurs

Former Toronto mayor Rob Ford has issued another public apology, this time for racial slurs he used during his term as leader of the city. Ford, who is now a city councillor, says he's aware of the "hurtful nature" of his comments and calls them "absolutely unacceptable." His comments come after the city's integrity commissioner released a report last week saying Ford violated council's code of conduct.

THE CANADIAN PRESS

U.S. Coast Guard tracks drifting Nova Scotia schooner after rescue

The U.S. Coast Guard was tracking a crippled Nova Scotia tall ship off Massachusetts on Tuesday, a day after nine people were rescued from the schooner replica when its engine failed. The coast guard said it was notified Monday that the engines on the Liana's Ransom were disabled, the generator was failing and one of its main sails had wrapped around the mast about 93 kilometres east of Gloucester. THE CANADIAN PRESS

Trudeau art helps Liberals top \$350K fundraising goal

POLITICS

Famous name is sketch's true value, suggests gallery owner

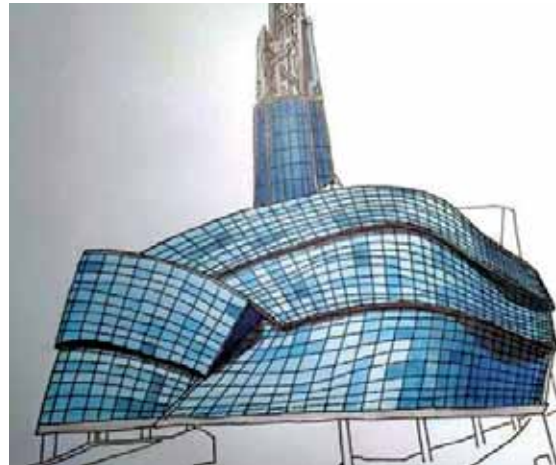


Jessica Smith Cross
Metro | Toronto

In the art world, a sketch by Justin Trudeau is likely worth less than \$500, but in politics, it helped the Liberal Party blow past a fundraising goal of \$350,000.

Trudeau is "an unproven entity" as an artist, without a known market for his work, so the original sketch he drew of the Canadian Museum of Human Rights would probably not be very valuable, said Toronto gallery owner Odon Wagner.

"For the present, one has to be modest with the valuation," he said. "Why not be polite and say under \$500."



Justin Trudeau's unfinished sketch of the Canadian Museum of Human Rights in now part of a Liberal fundraising campaign, but the artwork is likely worth less than \$500. CONTRIBUTED

The Liberal Party ran a campaign in which they promised all donors a postcard-sized print of Trudeau's sketch if they surpassed the \$350,000 March fundraising goal, which

they did.

But that wasn't the only fundraising campaign run this month, and a spokesperson couldn't say how much they believe Trudeau's sketch helped,

only that it has been valuable.

"There will be aficionados of this man as an artist, but more as a politician for the cause of the occasion, for the cause of raising money," said Wagner.

He notes there's precedent for evaluating a politician's art: Winston Churchill was a hobby painter for decades, and his works sell for great value.

"Is he a great artist? Maybe he brings along a name and reputation that helps a great price," Wagner said.

The two aren't artistically comparable, however, as Churchill painted in a popular post-Impressionist style.

"There's no need to bring (Trudeau) up to a level of a great artist, a budding artist, an artist with a future; it's irrelevant at this point," Wagner said.

Nor does Trudeau have Churchill's political legacy, but the value of his sketches would rise should he ever become prime minister, Wagner said.

+ POLITICAL INK

Imagined tats

Justin Trudeau did another sketch, when he was at Metro Toronto for an interview last month. Asked what tattoo he would get should he become prime minister, he said he wouldn't be getting any more ink, but he drew a tattoo design anyway: an impressive likeness of the Peace Tower, with a maple leaf on the top.

JESSICA SMITH CROSS/
METRO IN TORONTO



Justine Trudeau sketches the Peace Tower.

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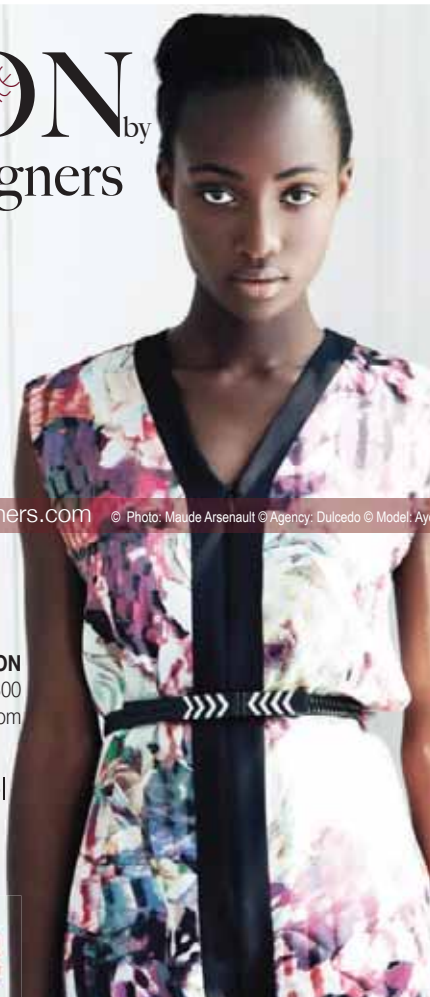


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I.J. Hamilton

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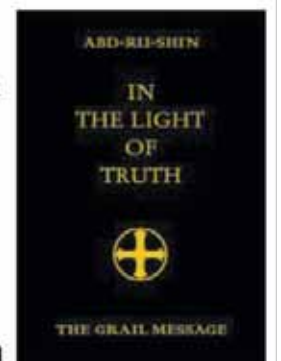
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WAR HISTORY

Frank's death likely earlier than thought

Teenage Jewish diarist Anne Frank likely died of typhus in a Nazi concentration camp about a month earlier than previously thought, the Amsterdam museum that honours her memory said Tuesday on the 70th anniversary of the officially recognized date of her death.

Anne died, aged 15, at Bergen-Belsen camp — likely in February 1945, said Erika Prins, a researcher at the Anne Frank House museum.

Frank's diary about hiding from the Nazis in the occupied Netherlands during the Second World War was published after the war. It became an international bestseller and made her an enduring symbol of Holocaust victims.

The new date of her death changes little about the tragic lives of Anne and her sister

Margot, who went into hiding with their family in an Amsterdam canal house but were eventually betrayed, sent to Nazi concentration camps and died in the Holocaust along with millions of other Jews.

"It was horrible. It was terrible. And it still is," Prins said.

But she said the new date lays to rest the idea that the sisters could have been rescued if they had lived just a little longer.

"When you say they died at the end of March, it gives you a feeling that they died just before liberation. So maybe if they'd lived two more weeks," Prins said. "Well, that's not true any more." Allied forces liberated the Nazis' Bergen-Belsen concentration camp on April 15, 1945. The earlier date was set after the war by the Dutch. THE ASSOCIATED PRESS

DIPLOMACY

Iran nuclear talks push past deadline

With stubborn disputes unresolved, negotiators extended nuclear talks between Iran and six world powers past a self-imposed Tuesday midnight deadline in an effort to hammer out the outline of an agreement.

Enough progress had been made to warrant the extension, State Department spokeswoman Marie Harf said, although there still were "several difficult issues" to bridge.

Secretary of State John Kerry, who had planned to leave the

talks on Tuesday, was remaining. And an Iranian negotiator said his team could stay "as long as necessary" to clear the remaining hurdles.

The decision came after six days of marathon efforts to reach a preliminary understanding by Tuesday midnight, drawing in foreign ministers from all seven nations at the table — Iran, the United States, Russia, China, Britain, France and Germany.

THE ASSOCIATED PRESS

Airline knew about depressive episode

LUFTHANSA CRASH

Co-pilot told flight school that he'd been having issues

Lufthansa knew six years ago that the co-pilot of the passenger plane that crashed in the French Alps last week had suffered from a "serious depressive episode," the German airline said Tuesday.

The airline said that as part of its internal research it found emails that Andreas Lubitz sent to the Lufthansa flight school in Bremen when he resumed his training there after an interruption of several months.

In them, he informed the school that he had suffered a "serious depressive episode," which had since subsided.

The airline said Lubitz subsequently passed all medical checks and that it has provided the documents to prosecutors. It declined to make any further

comment.

Questions have been raised about what the airline knew about Lubitz's condition before last week's fatal crash.

Authorities say the 27-year-old, who in the past had been treated for suicidal tendencies, locked his captain out of the cockpit before deliberately crashing the Airbus 320 into a mountain in the French Alps. All 150 people aboard Flight 9525 from Barcelona to Dueseldorf were killed that day. Earlier Tuesday, Lufthansa said

it had set aside \$300 million to deal with possible costs from the March 24 crash.

Separately Tuesday, German daily Bild and French magazine Paris Match said their reporters were shown a video they say was taken by someone inside the cabin of the doomed plane shortly before it crashed.

Both periodicals reported the video was found on a memory chip possibly from a cellphone. The prosecutor said that no cellphone video has been found. THE ASSOCIATED PRESS



IRAQ SECURITY FORCES REACH CENTRE OF TIKRIT Iraqi security forces and allied Shiite militiamen celebrate in central Tikrit, Iraq, Tuesday. Iraqi forces battled Islamic State militants holed up in Tikrit, going house to house. THE ASSOCIATED PRESS

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Students of defunct college refusing to pay back loans

EDUCATION

Government in U.S. blamed for not keeping eye on schools

Sarah Dieffenbacher is on a debt strike. She's refusing to make payments on the more than \$100,000 US in federal and private loans she says she owes for studies at a for-profit college that she now considers so worthless she doesn't include it on her resumé.

Calling themselves the "Corinthian 100" — named for the troubled Corinthian Colleges Inc., which operated Everest College, Heald College and Wyo-Tech before agreeing last summer to sell or close its 100-plus campuses — about 100 current and former students are refusing to pay back their loans, according to the Debt Collective group behind the strike.

They're meeting with officials from the Consumer Financial Protection Bureau, an independent U.S. government agency that already has asked the courts to grant relief to Corinthian students who collectively have taken out more than \$500 million US in private student loans.

The Education Department is the group's primary target, because it wants the department to discharge the loans.

Denise Horn, an Education



Sarah Dieffenbacher in Washington on Monday. Former and current college students of the troubled Corinthian Colleges, calling themselves the "Corinthian 100," say they are on a debt strike and are refusing to pay back their student loans. THE ASSOCIATED PRESS



I just turned 22 and I have this much debt and I have nothing to show for it.

Makenzie Vasquez, server at an Italian restaurant

Department spokeswoman, said the department has taken steps to help Corinthian students but is urging them to make payments to avoid default. The department has income-based repayment options.

By not paying back their

loans, the former Corinthian students potentially face a host of financial problems, such as poor credit ratings and greater debt because of interest accrued.

The former students argue that the department should

have done a better job regulating the schools and informing students that they were under investigation.

"I would like to see them have to answer for why they allowed these schools to continue to take federal loans out when they were under investigation for the fraudulent activity they were doing," said Dieffenbacher, 37.

Dieffenbacher said she received an associate's degree in paralegal studies from Everest

College in California and later went back for a bachelor's in criminal justice before dropping out. She said she left school with about \$80,000 US in federal loans and \$30,000 US in private loans, but when she went to apply for jobs at law firms she was told her studies didn't count for anything.

Dieffenbacher, who works in collections for a property management company, said she was allowed at first to defer her loan payments but now should be paying about \$1,500 US a month, that she can't afford.

Makenzie Vasquez, of Santa Cruz, Calif., said she left an eight-month program to become a medical assistant at Everest College in San Jose after six months because she couldn't afford the monthly fees. She said she owes about \$31,000 US and went into default in November because she hasn't started repayment.

"I just turned 22 and I have this much debt and I have nothing to show for it," said Vasquez, a server at an Italian restaurant.

Corinthian's troubles came to light last year after the Education Department said it failed to provide adequate paperwork and comply with requests to address concerns about the company's practices, which included allegations of falsifying job-placement data used in marketing claims and of altered grades and attendance records.

THE ASSOCIATED PRESS

EXECUTION DRUGS

Ethical boycott grows

A leading association for U.S. pharmacists has officially discouraged its members from providing drugs for use in lethal injections, a move that could heighten the hurdles faced by states attempting to execute prisoners.

The policy adopted by American Pharmacists Association delegates at their annual meeting Monday makes an ethical stand against providing such drugs, saying they run contrary to the role of pharmacists as health-care providers.

Pharmacists now join doctors in having national associations with ethics codes that restrict credentialed members from participating in executions.

Prison departments recently turned to made-to-order execution drugs from compounding pharmacies because pharmaceutical manufacturers refused to sell the drugs used for decades in lethal injections.

THE ASSOCIATED PRESS

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the big number

79 hrs

Average amount of time Canadians spent stuck in traffic in 2014. Torontonians and Vancouverites lost even more of their lives — 84 hours — not moving or moving slowly in traffic last year. TomTom, the organization that released the information, blames high levels of congestion on the traditional work week and suggests more flexible schedules as one possible solution.

The most intimate and authentic social media yet

SOCIAL DISCOURSE

Omar Moullem



Saturday night, I joined a kitchen party in Oklahoma, before huddling under a blanket with a stranger in São Paulo. Sunday morning, I watched a Las Vegas baptism. Just yesterday, I was on a roller coaster in Disneyland.

I've never actually been to Disneyland, nor do I know of a way to teleport there from Edmonton. But if you're one of the thousands who downloaded Twitter's new live broadcasting app, then you've probably guessed that I've been "periscoping".

Yes, Periscope, the app in question, is already being verbed. And as tech boosters say, when your tech becomes a verb you've got a hit.

What separates it and its

competitor Meerkat from other live-video interfaces like Chat Roulette isn't just the lack of male genitals (it's surprisingly well-filtered since people are using their pre-existing Twitter accounts). It's that it's not one-to-one, but one-to-dozens, hundreds or thousands, making for addictive crowd voyeurism.

Periscope's not just more intimate than any other popular social media I've experienced, but more authentic. It's easy to write cleverly on Facebook and Twitter, or to upload your most flattering portrait on Instagram (shoot downward, never upward) but acting is hard.

So broadcasters seemed almost unprepared for the audience's presence, but welcomed interaction with their comments regardless. Ask-me-anythings will never be the same.

There are too many kinks

to name in the six-day-old software. It's unclear how to find familiar people or even locations, plus there are non-technical glitches such as petty misogyny in

Yes, Periscope, the app in question, is already being verbed.

the comments stream each time a woman appears on camera (like, what else is new on the Internet?).

My guess is once it has a critical mass of users, broadcasters will have more control over who they let inside their virtual rooms. And, of course, once the novelty wears off in, oh, probably another six days, users' tolerance for the mundane (and requests to see inside fridges)

will subside.

But the potential for big audiences to move through big world events — experiencing war from a Palestinian or Israeli's living room, marching with Hong Kong youth — interactively, with an ear and a voice, could change not just how we view these events but how we understand them.

In addition to verbing apps, the Silicon Valley Illuminati are also prone to declaring that (fill in the blank) will change the world. Periscope won't, because the world doesn't change in 14.1 megabytes, but one could imagine how live video, perhaps paired with virtual reality headgear, could incrementally transform the social sphere.

Omar Moullem

(@omar_aok) is based in Edmonton and edits the Yards. Social Discourse appears every other Wednesday.

ROSEMARY WESTWOOD

metroview

Cindy Gladue: In our quest for justice, the woman has been lost

If you haven't heard of Cindy Gladue, you likely will tomorrow, when thousands are expected to gather for rallies across the country to protest the March 18 acquittal of Bradley Barton in an Edmonton courtroom. Barton had been charged with Gladue's murder.

Protesters are organizing under #JusticeforCindyGladue. A petition with more than 2,000 signatures is calling for an appeal, urging people to realize that "Cindy Gladue had a life. She also had a story," that she was a mother, sister, daughter.

And she was also a sex worker. She bled to death in a hotel bathroom following a sexual encounter with Barton that left an 11-centimetre gash inside her vagina. That's slightly shorter than the length of a pen.

Yet it is only now, two weeks after the verdict and four years since her death, that public outrage over her case has erupted.

Where was mass interest when Gladue was found dead? Where was it during the trial, which lasted a month? News outlets covered it, but not every single day. Very few sat through the whole trial, defence lawyer Dino Bottos said.

Protesters claim Gladue was denied justice because she was aboriginal. They feel the jury was racist when it found Barton not guilty.

There is a sense that her

story is being elevated and then swallowed into the larger call for justice for aboriginal women. Let me be clear: There can't be too many calls for an inquiry into missing and murdered aboriginal women.

But I also wonder if we aren't losing something in the outrage: Gladue herself, who she was, and what and who she loved. Details that have been missing in recent days.

Gladue was also present for her own trial, in a graphic way. The Crown brought her preserved vagina into the courtroom to aid the testimony of expert witnesses on the nature of the wound that killed her.

It's the first time human tissue has appeared in a Canadian court. Defence lawyers argued it would prejudice the jury against Barton. It clearly did not.

But it certainly leaves the image of a sex worker reduced to her vagina in a courtroom.

It also means part of her legacy will be wrapped up in a precedent-setting legal decision.

I can't say if protesters are right, and that Gladue was denied justice in her death.

About her life, I can say Gladue was a mother and that she had three children — a small detail given in a radio interview. A newspaper op-ed talks about her love of baking and cooking.

That's not much, and that's its own level of injustice.



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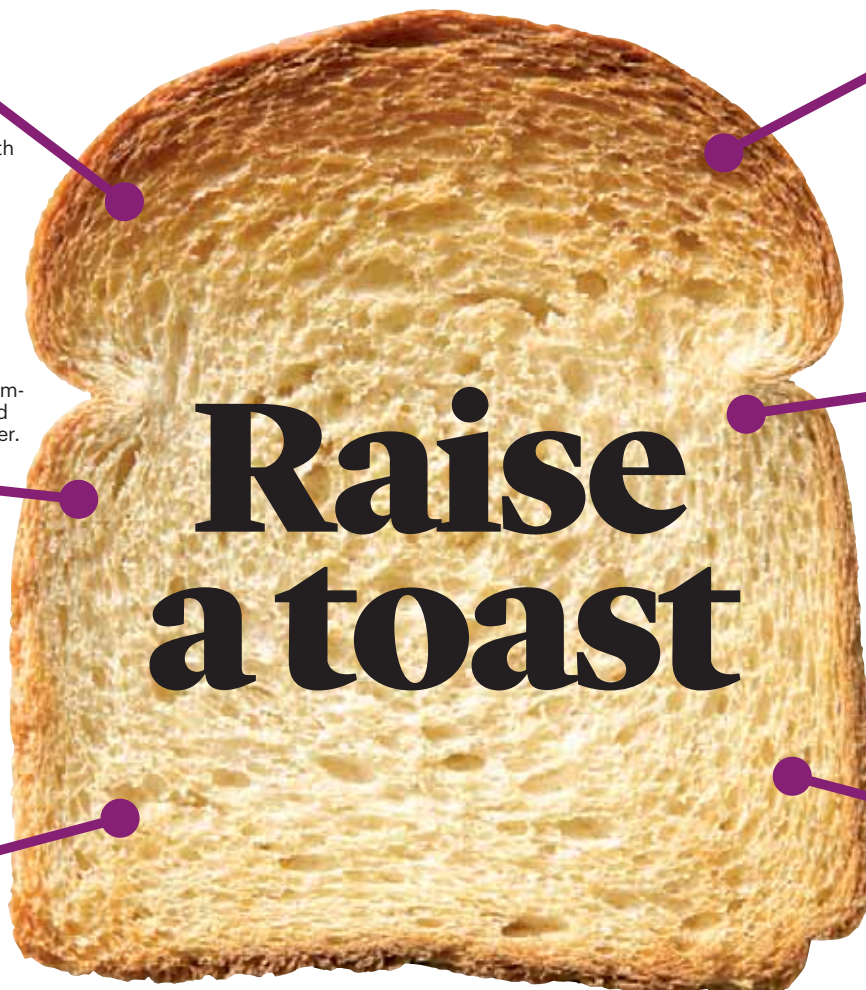
PHILOSOPHER CAT by Jason Logan





Gussied up toast can be a great indulgence. Here are six ways to mix up your toast routine. Having a party? Make miniature versions and serve as appetizers

THE ASSOCIATED PRESS



Tomato butter and salami

Stir together 1 tablespoon softened butter with 1 tablespoon tomato paste and 1 teaspoon capers. Spread over ciabatta toast, then top with shredded salami and torn fresh basil.



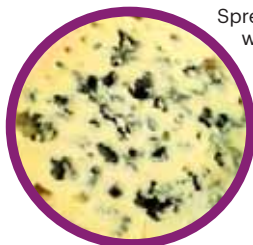
Hawaiian

Spread a toasted sweet roll or English muffin with pineapple or mango jam. Top with sliced ham, roasted red peppers and crumbled bacon.



Blue lime

Spread multigrain toast with lime marmalade, then sprinkle with crumbled blue cheese and cracked black pepper.



Anchovy and brie

Lay slices of brie over toasted brioche. Top with anchovy fillets and sprinkle with toasted pumpkin seeds and balsamic glaze.



Ricotta-broccoli raab

Sauté chopped broccoli raab in a little olive oil until tender, 2 to 4 minutes. Spread whole-milk ricotta over toasted sourdough bread. Spoon the broccoli raab over the ricotta, then sprinkle with coarse salt and red pepper flakes.



Avocado-walnut

Top toasted herbed bread with slices of avocado. Drizzle with honey, then top with fresh chives and toasted walnuts.



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NUTRIENT RICH

Avocado is the good kind of fat

NUTRI-BITES

Theresa Albert

myfriendinfood.com



It took me a long time to enjoy avocado; there was a texture that was gag-worthy when I was a kid. As soon as I started to figure out the impact food had on my health (in the '80s), it was suddenly a fat-free decade and I was afraid of its calories.

But eating one avocado per day as part of a moderate-fat diet can improve cholesterol levels, according to researchers from the American Heart Association who worked with overweight and obese individuals in a small-scale study earlier this year.

Now that fat is back, avocados hold a special place in my food basket.

It is true that about 85 per cent of the calories in an avocado come from fat and that a mere half an average Hass has about 160 calories. They are still one of the best ways to spend a nutrition-dense mouthful:

- Adding avocado or avocado oil to a salad boosts your body's ability to absorb other cancer-fighting carotenoids.
- They are high in vitamin E, which has been shown to protect many parts of you including your hard-working liver.
- They are one of the highest vegetable (well, technically fruit) sources of fibre.

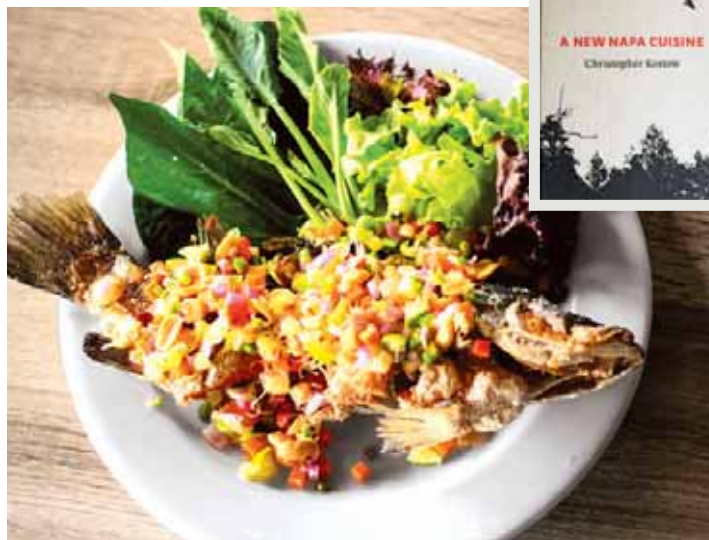
• Avocado oil is a welcome addition to your kitchen with its high monounsaturated fat count. Just be sure you choose a brand that is "extra virgin" and "cold pressed," which preserves the nutrients.

Be sure to peel an avocado so that you scoop the darkest green edge closest to the skin — this is where many of the nutrients hide. WITH FILES FROM AFP

Theresa Albert is a food communications specialist and Toronto personal nutritionist. She is @theresaalbert on Twitter and found daily at myfriendinfood.com.

Eat like an American

One of the most prestigious cookbook awards in the U.S. is recognizing two wildly different food cultures — California's sophisticated Napa Valley, and the Deep South, with its plentiful comfort food. Here's a look at the two top winners of the International Association of Culinary Professionals' awards held this past weekend in D.C. **AFP**



ISTOCK



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COOKBOOK OF THE YEAR

Refined taste of California

Chef Christopher Kostow of The Restaurant at Meadowood in St. Helena, Calif., took home Cookbook of the Year at the annual competition, which aims to recognize the best in American food writing over the last year.

Through personal essays, recipes and photography, Kostow documents his vision of what he calls New Napa cuisine specific to the small American valley, a cradle of wine and fine dining in the U.S. Along with recipes like Chocolate Cherry Tart and Snapper Artichoke Tiny Greens, the book also introduces readers to local artisans, products and growers in the valley.

AMERICAN COOKING

Southern heritage and hospitality

Down South: Bourbon, Pork, Gulf Shrimp & Second Helpings of Everything by Donald Link took the award in the category of American cooking, giving voice to some of the country's best pitmasters and highlighting the nation's awakening to its Southern food heritage.

Link is chef-owner of some of the most popular dining hot spots in New Orleans including Cochon, Herbsaint and Pêche.

Down South includes 110 recipes such as slow-cooked, Memphis pork barbecue; blue crab beignets; beach house ceviche and banana pudding.

APPROVED FOR SALE

A boost for non-browning apples

As Canadian orchardist Neal Carter watched carrots go from a boring vegetable that people thoughtlessly tossed into soup to a popular on-the-run snack, he wondered if there was a way to turn the humble apple into the next convenience food craze.

Problem was, unlike carrots, apples quickly turn brown once cut into bite-sized pieces. In order to take advantage of new business opportunities for his crop, Carter figured he had to eliminate the problem of enzymatic oxidation, which causes fruit to become discoloured.

"Carrots in 1988 were things people put in stew and soups and then they developed fresh-cut carrots where they cut them and tumbled them and put them in a bag and carrot consumption doubled," said Carter, founder of

Okanagan Specialty Fruits Inc. in Summerland, B.C. "They've made carrots a more convenient food item.

"We thought, 'Wow, if we could just do this with apples, we could increase apple consumption, make them more convenient.'"

And with that, Carter



Non-browning Arctic golden apples. HANDOUT

hatched the idea of his genetically engineered Arctic Apples, which maintain their pristine flesh after being cut because the genes that trigger browning have been replaced with non-browning genes.

Last week, Carter got a huge boost when the company received approval from the Canadian Food Inspection Agency, Health Canada and the Food and Drug Administration in the U.S. to grow and market Arctic Granny Smith and Golden Delicious varieties commercially.

It comes after more than three years of review by Canadian authorities and follows U.S. deregulation by the U.S. Department of Agriculture last month.

THE CANADIAN PRESS

WINE

Raise a glass to Easter with these pairings

LIQUID ASSETS

Peter Rockwell

@therealwineguy



While the commercialized side of Easter may be aimed squarely at your kids, once they hit the sack, a raid on their baskets can lead to some adult-oriented wine pairings.

Cadbury Creme Eggs:

These gooey chocolate bombs work surprisingly well with fruit-forward reds like an Old-Vine Zinfandel, an Italian made with Primitivo or a sweeter California red blend. A tawny port makes a great boozier alternative.



Peeps: The day-glow mouthfuls of sugary marshmallow need a wine with a similar sensibility. Think white. Pour a Moscato (they're made just about everywhere) or one with some up-front floral elements like a Viognier.

Chocolate Bunnies:

Whether hollow or solid as a brick, head back to your glass of port or pop a bottle of bubbly to celebrate the holiday. You don't have to go the champagne route. There are plenty of reasonably priced sparklings out there. An Italian prosecco will be less frothy with a fresh, grapey personality. A classic Spanish Cava is on the drier side.



Rooney Mara brought Lisbeth Salander to life in David Fincher's film version of *The Girl With a Dragon Tattoo*. CONTRIBUTED

Stieg Larsson's partner appalled by fourth book

MILLENNIUM TRILOGY

Eva Gabrielsson says continuing Larsson's series is a cash grab

Eva Gabrielsson doesn't mince words: continuing the wildly successful Millennium trilogy written by her late partner Stieg Larsson is a mistake and should never have happened.

It's written by David Lagercrantz, a journalist and author

best known as footballer Zlatan Ibrahimovic's official biographer. The highly anticipated fourth instalment is due out Aug. 27 in 35 countries. But Gabrielsson won't be buying it.

"They say heroes are supposed to live forever. That's a load of crap, this is about money," Gabrielsson tells AFP in a Stockholm café. "It's about a publishing house that needs money, (and) a writer who doesn't have anything to write so he copies someone else," she laments.

Gabrielsson, 61 lived with Stieg Larsson for 32 years until



I wouldn't have continued Stieg's work. It was his language, his unique narrative.

Eva Gabrielsson

his sudden death in 2004 from a heart attack at age 50 — before the publication of the dark crime trilogy that took the world by storm.

Gabrielsson is animated defending Larsson's work, and the publication of the 500-page



he had begun several months before his death. Few details leaked out, and Gabrielsson is unwilling to discuss it. "I don't have it anymore, and Lagercrantz started over from zero."

Lagercrantz has nothing in common with Larsson, a journalist and leftist activist who was passionate about combating extremism, she points out.

He "comes from a completely different background. Everything has always been easy for him. He's never been an activist. Everything is wrong," she argues. "Let him dig his own grave." AFP

THE GIRL IN THE SPIDER'S WEB

Publisher releases details

The followup to Swedish author Stieg Larsson's best-selling Millennium crime trilogy, due for release this summer, kicks off with an artificial intelligence intrigue involving a U.S. spy agency, the book's publishers said Tuesday.

The Girl In The Spider's Web was completed in November by David Lagercrantz.

The 500-page book takes up the story of computer hacker Lisbeth Salander and journalist Mikael Blomkvist, whom she helped to solve a murder mystery in *The Girl with the Dragon Tattoo*, the first book in the series.

"One night professor Frans Balder, a leading authority within AI (artificial intelligence) research, calls up Blomkvist," Norstedts publishing house wrote on its website, setting the scene for the new book.

"Balder says he has world shattering information on U.S. intelligence services ... had contact with a female super hacker, who bears a certain resemblance to a person Blomkvist knows well."

The U.K. cover of David Lagercrantz's new novel.

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HOLLYWOOD

Kit Harrington: More than just a pretty face

It's so hard for men in Hollywood, isn't it? All this attention paid just to your looks, when no one bothers to find out what's really going on inside.

At least that's how it's been for Game of Thrones star Kit Harrington, who plays hunky — see? Even I'm doing it — Jon Snow on the HBO series.

"I'm in a successful TV show in a kind of leading man way and it can sometimes feel like your art is being put to one side for your sex appeal. And I don't like that," he tells Page Six.

"To always be put on a pedestal as a hunk is slightly demeaning. It really

is, and it's in the same way as it is for women. When an actor is seen only for her physical beauty, it can be quite offensive."

I mean, hey, he can't help that he's attractive, right? So please, if you get a chance to speak with Harrington, do not point out that he's really, really, ridiculously good-looking, OK? Because he's had enough of it.

"In this position you get asked a lot, 'Do you like being a heartthrob? Do you like being a hunk?'" he adds.

"Well, my answer is, 'That's not what I got into it for.'"

NED EHRBAR
GETTY IMAGES



New Daily Show host's tweets draw criticism

SOCIAL MEDIA

Trevor Noah in hot water over digs at 'Jewish chicks,' Middle America

A day after Trevor Noah was declared the new host of The Daily Show, complete with the blessing of the exiting Jon Stewart, graphic tweets targeting women, Jews and Middle America are causing a social media backlash.

By Tuesday, Trevor Noah was a trending topic on Twitter as he drew fire for jokes described as tasteless, hateful — and unfunny. Roseanne Barr was among those calling out the 31-year-old South African comic, who has an international following and two million Twitter followers.

"U should cease sexist & anti semitic 'humour' about jewish women & Israel," she tweeted



South African comedian Trevor Noah. BONGIWE MCHUNU-THE STAR/THE ASSOCIATED PRESS

late Monday.

Noah's controversial tweets were posted between 2009 and 2014.

In 2009 he wrote, "Almost bumped a Jewish kid crossing the road. He didn't look b4 crossing but I still would hav felt so bad in my german car!"

A 2012 post derides "jewish chicks." In a post from 2011, he writes, "Oh yeah the weekend. People are gonna get drunk & think that I'm sexy!" He attributes the joke to "fat chicks everywhere."

When a fan tweeted him last fall with a request to come to

Texas, Noah replied, "But you've already got Ebola?"

He slammed the United States' midsection in a 2013 tweet, writing that "When flying over the middle of America the turbulence is so bad. It's like all the ignorance is rising through the air."

THE ASSOCIATED PRESS



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CELEBRITY PARENTING

Even Ryan Phillippe is an embarrassing dad

Genetics have been very kind to Ryan Phillippe, who apparently doesn't age. Which is super-awkward, as it turns out, for his teenage daughter, Ava. "It's crazy. And still, I get carded constantly," he tells Variety. "My daughter hates it because sometimes people have thought I'm her brother, and she's freaked out by that."



GETTY IMAGES

I'm sure she's also not so hot on him saying things like this to a major trade publication, but hey, if you can't mortify your 15-year-old daughter in print, what's the point of being famous? Also, it's nice to know there's now a male version of the Dina Lohan "people think we're sisters!" thing. NED EHRBAR

140 CHARACTER RAGE-A-THON

Tom Hanks' rapper son has a Twitter tantrum

Tom Hanks' incorrigible rapper son, Chet Haze, went on something of a tirade on Twitter this week, unleashing a slew of angry and threatening messages at Howard Stern for some reason. It's not really clear what his beef is — and Stern didn't respond — but the self-professed "walking PR disaster" did offer some

choice phrases like, "Do you have any idea how badly I am going to assault you when I see you?" and, "It's a shame you don't hang in the same circles as my family (not enough bread for that)." So charming. I haven't seen anything on TMZ or Gawker just yet, but how about Metro, Mr. Haze? Will that do?



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Pony car offers drivers a big kick



REVIEW

2015 Mustang V6 respects its elders, but forges own path



Mike Goetz
Metro | Canada

If you saw this creature for the first time, and it wasn't wearing Mustang badges, you would still instantly recognize it as the newest version of this famous sports coupe.

Stylists themed it on the "fastback" Mustang body style, with swooping windshield and rear glass. It's low overall, which makes it seem smaller than its main rivals, Challenger and Camaro. Stylists gave it a new face, while retaining those two requisite Mustang elements — a shark-like mouth and trapezoidal grille.

Of course, the 2015 Mustang has the long hood/short rear deck look that defined the original "Pony Car" segment and which Mustang pioneered.

The cabin is cosy, with a big Mustang emblem in front and centre on the steering wheel, lest you forget which you're sitting in.

But there's no chance of that, because your look out over the hood is drawn to the ridges running down the length of the hood, to further draw attention to that long hood, which could only be part

of a Mustang. The dash, instrument panel, and everything inside have a nicely finished and chiselled look, but seem smaller than what you'd see in a sedan. The back seat is tight and challenging to access.

But all feels right on the money in the driver's seat. Our tester had the base 3.7-litre V6, good for 300 hp and 270 lb-ft of torque, and it rumbles to life with authority.

Ford engineers went out of their way to give the V-6 a more distinctive rumble and give occupants some Mustang atmosphere. Contrived? Maybe, but delightful nevertheless.

Once underway, the Mustang's emphasis on agility is apparent. Mustang was famous for hanging onto an old-school solid rear axle set-up in rear.

This Mustang is the first to feature an integral-link independent rear suspension; only one of the many chassis and suspension refinements that vault Mustang to a new level of agility.

Steering is precise and adds to the fun factor, though like most everything out there these days, steering feel is on the disconnected side.

Our tester had the 6-speed manual transmission, and it was also fun to manipulate, though not as slick as some.

A base Mustang, might not be an outright sports car, but as an affordable grand tourer, or a vehicle less ordinary to take you and your significant other on fun roadtrips, it's an absolute winner.

THE CHECKLIST 2015 MUSTANG COUPE

THE BASICS

Type. 2-door, RWD sports coupe
Engines (hp/torque). 3.7-litre V6 (300), 2.3-litre turbo I4 (310), 5.0-litre V8 (435)
Transmissions. Six-speed manual, six-speed automatic
Price. \$26,599/\$28,799

POINTS

- Completely re-invented for model-year 2015, which marks 50 years of Mustang.
- Return of the "fastback" body style, rendered in a very sleek profile.
- Longer and wider than the previous design, with a wider track.



NOTABLE FEATURES

- Independent rear suspension, signalling increased emphasis on agile handling.
- Industry first passenger knee air bag system packaged inside glove box door.
- Selectable drive modes changes dynamics of engine, transmission, steering and stability control system.

MARKET POSITION

- Continues the legacy of the first Mustang, which created the "Pony" car segment.
- V8 models still fly the muscle car flag, but I4 and V6 models targeted to wider array of coupe buyers.
- First Mustang model to be sold in key parts of Europe and Asia.

THE COMPETITION



Chevrolet Camaro
Base price: \$30,445
All-new Camaro coming in 2016



Dodge Challenger
Base price: \$31,390
More of an old-school look and feel

TRANSPORTATION

Russian superhighway could connect London to New York

Russia has unveiled ambitious plans to build a superhighway that, in theory, could make it possible to drive from London on one end to New York on the other.

According to a report by The Siberian Times, the head of Russian Railways is asking the government to seriously consider his project dubbed the Trans-Eurasian Belt Development, the first modern transportation corridor that would link up the Pacific to the Atlantic Ocean.

Plans call for the construc-

tion of a new high-speed railway and the development of major roads that would span the length of Russia, link up with existing transportation networks in Europe and Asia — and cross the Bering Strait. The network would run about 20,000 kilometres.

The proposal was presented at a meeting of the Russian Academy of Science and was touted not only as a major transportation route, but as a means to create new cities and jobs in parts of Russia and Siberia that are woefully under-

20,000 km

The approximate length of the Trans-Eurasian Belt Development project, the proposed modern transportation corridor that would link the Pacific to the Atlantic Ocean.

developed, and experience the hemorrhaging of young talent who leave the region for better opportunities abroad.

The new network could also be used to build pipelines for oil and gas as well as infrastructure for electricity and water supplies, said Russian Railways head Vladimir Yakunin.

The lofty proposal, however, comes with an equally sky-high price tag that could be trillions of dollars.

Currently, the longest international route operated by Russian Railways is Moscow to Pyongyang, North Korea, a 10,267-km journey that takes about nine days. AFP



Russian Railways is proposing to build a new train network alongside the Trans-Siberian Railway. SHUTTERSTOCK



DOM TORETTO

Lykan

He's perpetually sleeveless and prone to biblical bouts of epic badassery, so when the supercharged Furious action eventually cools down and he quits outrunning the law, Dom may be a little bored out of his gourd. After all, the master precision driver lives his life "a quarter mile at a time," 10 seconds or less.

Golden Years Garage: He's got to have his trusty 1970 Dodge R/T and maybe also that \$3-million Lykan HyperSport he goes skyscraper-hopping with in Dubai.



LUKE HOBBS

Raptor

This ripped DSS agent may always be packing heat, but those who dare to engage him in hand-to-hand combat are prone to hitting "rock bottom."

Golden Years Garage: He'll trade in his wall-smashing Gurkha LAPV, Navistar MXT and other Diplomatic Security Service-issued transport for something equally menacing, only with a lot less body armour, like an F-150 Raptor.

From Furious streets to the suburbs

If the previous six Fast and the Furious flicks taught us anything, it's that a canister of nitrous oxide can come in really handy. That, and hell hath no fury like Vin Diesel scorned. While Universal execs feel there are three more sequels left in the tank, Furious 7 marks the end of the Paul Walker era. What rides will the leads park in their suburban two-car garages when they give up their heist-happy antics? Read on. **MIKE DOJC** METRO CANADA

ROMAN PEARCE

FXX

This fast-talking, skirt-chasing longtime O'Conner chum going back to their days in juvie will keep things flashy when he enters his Flomax years. Keep in mind the crew member most likely to voice his concern about the "in-freaking-sanity" of a plan splurged on a Koenigsegg supercar, a private jet, plus a ton of blingy trinkets for his retinue of girlfriends with his cut of the massive score from Fast Five.

Golden Years Garage: Ferrari FXX

**+ GAMING****F&F carpool with Forza**

Hollywood's hottest racing franchise is teaming up with the highly touted motorsport simulation series to bring gamers a standalone expansion to Forza Horizon 2. Tej Parker (Ludacris) will task players to source cars and saddle up on a flurry of high-octane missions set on the beautiful roadways of the south of France. Get behind the wheel of the coolest rides in Furious 7 including a 2014 Maserati Ghibli S, a 1998 Toyota Supra and a 2015 Dodge Charger R/T. Forza Horizon 2 Presents Fast & Furious will be free to download on Xbox One and Xbox 360 consoles for a limited two-week window from March 27 to April 10.



BRIAN O'CONNER

Highlander

The actor who played him may be racing in heaven, but a happier ending is in store for O'Conner — likely a clean break from the biz and riding off into the sunset with his gal Mia (Jordana Brewster) and their son Jack. Whether it's the 1995 Mitsubishi Eclipse he whets his street racing whistle with, the 2008 Subaru Impreza WRX STI he apprehends Braga with in Mexico, or the multiple Nissan Skyline GT-Rs he pushed to the limit, the Barstow Cali native with the penetrating baby blues tends to favour Japanese marques.

Golden Years Garage: Souped-up Toyota Highlander



LETTY ORTIZ

Hellcat

"I may not remember anything, but I know one thing about myself: Nobody makes me do anything I don't want to do," spouts Dom's strong-willed Latina lioness in Furious 6. While her amnesia completely clouds any vestiges of her past life, she certainly never forgets her love of fast cars. While plying her carjacking and cartel-crossing trade, she's show-cased pretty eclectic taste rocking a 1997 Nissan 240SX decked out in Advan wheels, a 1969 Plymouth Road Runner, and the oddball muscle of a 1973 Jensen Interceptor.

Golden Years Garage: 2015 Dodge Challenger SRT Hellcat

The little Nissan truck that could

NEW ENGINE

The Titan XD strong arms all in its class with V8 diesel engine

Jill McIntosh
For Metro

When the all-new 2016 Nissan Titan XD truck comes to market later this year, it will have something not currently found in any other pickup truck in its segment: a 5.0-litre V8 diesel engine.

Ram offers a V6 diesel in its half-ton pickup, but at 555 lb.-ft. of torque, the Nissan's engine is far more powerful.

And while you can get diesel trucks that make even more than that, they're rated as heavy-duty models, while the Titan XD will be rated as a lighter-duty truck.

"Some customers want a truck that is in-between,"

says Rich Miller, director of product planning for Nissan North America. "They have a 13,000-lb. trailer, and trucks in the upper segment are more expensive and half-ton trucks aren't enough. There was an unmet need."

Diesel engines are a popular choice for trucks because they make more power at lower speeds than gasoline engines do, better enabling them to move heavy loads.

However, just as with gas versions, the ability to handle the job depends on the engine's configuration. Nissan makes several diesel engines for its cars and small trucks in other markets, but the company determined that none of them were heavy-duty enough for the Titan. Instead, the new truck will use an engine built by Cummins.

Diesel engines differ from gasoline engines in that they don't use spark plugs to ignite the fuel.

Instead, once the pistons compress the air in the cylinders, the resulting heat is enough to do the job.

To get the process going when the engine is first started, glow plugs warm up to provide the necessary heat. These could take a while to heat up on older diesel engines, and the driver would have to wait before the engine could be started. Modern diesel engines can be started almost immediately, and Cummins says the ceramic glow plugs in this one can reach full heat in two seconds.

The new Titan will also be available with a gasoline V8 engine as before, along with its first V6 engine, and these will be intended more for consumers who plan to use the truck for lighter duty. The V8 diesel version is intended to bridge the current gap in the truck market, offering capability that's closer to that of a heavy-duty truck,

but priced closer to a lighter-duty model.

"This is the space that we were looking for," Miller says. "We could have gone with a (six-cylinder diesel), and we studied them, but it isn't as efficient and it didn't fit with those customers."



Nissan's Titan XD offers a 5.0-litre V8 diesel engine with 555 lb.-ft. of torque. COURTESY NISSAN

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Highline model shown

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+ ENGINE SPECS

Diesel details

- To meet federal emissions standards, diesel engines use diesel exhaust fluid, which is automatically injected into the exhaust system to reduce nitrogen oxide (NOx) emissions.

- A truck's towing and payload capacity depends not just on the engine, but also on such factors as its transmission, frame strength, and overall weight.

- Diesel engines are named for Rudolf Diesel, who developed his first one in Germany in 1897.

JILL MCINTOSH

TECHNOLOGY

Mercedes-Benz reveals new engine

Mercedes-Benz unveiled a new minivan that emerging technology magazine Gizmag says might be the future of hybrid drive technology. The Concept V-ision E plug-in hybrid uses new technology to deliver "tremendously robust" propulsion. Its four-cylinder

gasoline engine and electric motor together deliver 333 horsepower and a whopping 442 pound-feet of torque, making it faster off the line than a 1960s-era muscle car, while delivering up to 125 km (78 miles) per U.S. gallon.

WHEELBASE MEDIA



Red Wings goalie Petr Mrazek stops a shot from Senators right-winger Mark Stone in Detroit Tuesday. Mark Stone got the last laugh by scoring the shootout winner. PAUL SANCYA/THE ASSOCIATED PRESS

Stone rocks Wings in shootout

NHL

Sens remain three points behind Bruins

Mark Stone scored the final goal in the shootout, and the Ottawa Senators beat the Detroit Red Wings 2-1 on Tuesday night.

Mika Zibanejad and Kyle Turris also had shootout goals for the Senators. Clarke MacArthur scored in the third period, and Andrew Hammond, who missed the previous two games because of a lower-body injury, returned and made 16 saves.

Petr Mrazek stopped 33 shots for Detroit, which got a regulation and shootout goal from

IN DETROIT Tuesday

2 **1**
SENATORS RED WINGS

Gustav Nyquist. Tomas Tatar also scored in the shootout.

Nyquist opened the scoring early in the second when his wrist shot zipped past Hammond's right side. Ottawa's MacArthur tied it late in the third when his slap shot nicked Mrazek's glove before going in.

The win, coupled with Boston's 3-2 victory over Florida, keeps the Senators three points behind the Bruins in the race for eighth place in the Eastern Conference.

The Red Wings' lead on Bos-

ton for third place in the Atlantic Division is two points.

Detroit defenceman Drew Miller left the game early in the first period after being cut by Stone's skate. The Red Wings said he sustained two deep lacerations near his right eye, but his vision wasn't affected.

The Red Wings also were missing centre Pavel Datsyuk, who was scratched because of a lower-body injury. He played in the previous two games after returning from a five-game absence.

Bruins 3, Panthers 2

Milan Lucic scored the tie-breaking goal with 1:09 left as Boston rallied to beat the Florida Panthers Tuesday night, giving the Bruins two valuable points as they try to hang on

to the final playoff spot in the Eastern Conference.

Tuukka Rask kept the puck out during a final scramble at the buzzer with Florida on a power play and an extra skater for goalie Roberto Luongo.

David Pastrnak scored the tying goal midway through the third and had an assist when Lucic beat Luongo on a wrist shot from the slot as the game appeared to be headed to overtime.

Loui Eriksson also scored and Rask had 22 saves for the Bruins, who moved six points ahead of the Panthers in the late playoff push.

Brandon Pirri and Brad Boyes scored in the second period to give Florida a 2-1 lead, and Luongo finished with 26 saves.

THE ASSOCIATED PRESS



Bruins left-winger Milan Lucic, top, celebrates his go-ahead goal against the Panthers with teammates David Pastrnak and Ryan Spooner in Boston on Tuesday.

ELISE AMENDOLA/THE ASSOCIATED PRESS



Sidney Crosby is projected to finish the season with 85 points, which could be good enough to win the Art Ross Trophy. BRUCE BENNETT/GETTY IMAGES

'It's a tough time to score goals'

NHL

Top players are not racking up points with as much regularity

When it comes to scoring, Sid the Kid's pace this season is no match for the great-est by the Great One.

Pittsburgh forward Sidney Crosby is in line to win the scoring title with what can be projected to be about 85 points. That's a number Wayne Gretzky reached by mid-season when he accumulated 215 during his record-setting year in 1985-86.

Granted, it was a much different time and way different style back then. Still, the NHL's top players aren't racking up the points with as much regu-

larity this season, even though scoring around the league (5.3 goals per game) is consistent with what it's been for the last three seasons, according to STATS.

Crosby may just take the Art Ross Trophy with the lowest point total since 1961-62 in a season not shortened by a lockout.

For that, credit goaltending, dogged defencemen, talent spread across four lines, more reliance on video to neutralize a team's top scorer and, of course, goaltending — it can't be emphasized enough.

"Back in the early '90s, late '80s, it was hooking and holding and grabbing and clutching that was tough," said Jeremy Roenick, a longtime NHL player turned

NBC studio analyst. "Now, it's just players that are just big, strong and fast. It's a tough time to score goals." THE ASSOCIATED PRESS

79

Heading into Tuesday's games, Sidney Crosby led the league with 79 points. John Tavares (77) and Jakub Voracek (76) weren't far behind.

IN BRIEF

Simmons skips Team Canada to win over Japan
Canada's Pat Simmons kept his perfect record intact at the world men's curling championship Tuesday with a 7-4 win over Japan's Yusuke Morozumi in Halifax. Simmons scored a deuce in the seventh and stole

another point in the eighth end. The ninth was blanked and Canada ran Japan out of rocks in the 10th. Canada had the chance to improve to 7-0 in Draw 11 on Tuesday night against defending champion Norway, which was in a tie for second place with Switzerland at 5-1. THE CANADIAN PRESS

SOCCER

Hawk-Eye in sky for Women's World Cup

FIFA says it will use Hawk-Eye to rule on goal-line decisions at the Women's World Cup in Canada.

The British camera-based system to track the ball's position is already used in the Premier League. It was developed in tennis and cricket.

FIFA says Hawk-Eye will first be tested at the six stadiums staging the 24-team women's tournament from June 6 to July 5.

Hawk-Eye was previously used by FIFA at the Club World Cup in

HOW DOES IT WORK?

Hawk-Eye uses seven cameras per goal installed as high as possible within the stadium structure.

It indicates whether or

not a goal has been scored within one second by a vibration and visual signal on each match official's watch.

Japan in 2012. FIFA then chose the rival GoalControl system from Germany for the 2014 men's World Cup in Brazil.

FIFA announced in December, at the Women's World Cup draw, that goal-line technology would be used at the Can-

adian tournament. The world governing body of soccer had been under pressure to offer the women the same kind of tournament as the men, given a human rights complaint — subsequently withdrawn — over the use of artificial turf.

FIFA then put out a tender to goal-line technology companies.

The tournament takes place in Vancouver, Edmonton, Moncton, Montreal, Ottawa and Winnipeg. THE CANADIAN PRESS

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+ IN DUNEDIN

Encarnacion finds power in winning return over Phillies

Edwin Encarnacion, Jose Bautista and Josh Donaldson each hit long home runs Tuesday, lifting the Toronto Blue Jays to a 10-6 victory over the Philadelphia Phillies. Encarnacion's two-run shot off Sean O'Sullivan in the first inning went over batter's eye screen in centre field. It was the first of the spring for Encarnacion, who has struggled to a .118 average. He also previously missed 16 games with back inflammation. Bautista's drive in the fifth, also against O'Sullivan, landed far over the left field fence. Donaldson followed with a solo drive off reliever Luis Garcia. THE ASSOCIATED PRESS



Edwin Encarnacion AP/PHOTO

Historic Hutchison to make opening day start

MLB

Pitcher, 24, will be youngest Blue Jay ever to have honour

Toronto picked Drew Hutchison to make his first opening-day start, and the right-hander is slated to face the Yankees and Masahiro Tanaka on April 6 in New York.

Toronto also released Dayan Viciedo from his minor league contract; reassigned left-hander Jeff Francis, outfielder Caleb Gindl and infielder Jonathan Diaz to their minor league camp; and optioned catcher Josh Thole to Triple-A Buffalo.

At 24 years old, Hutchison will be the youngest opening-day starter in franchise history. He is 1-2 with a 4.80 ERA in three career starts at Yankee Stadium.

"It's really exciting, opening day is special," Hutchison said Tuesday. "At the end of day, it's a long game. But as we all know, it's opening day. The excitement, the energy — everything that goes into it is exciting."

After missing the 2013 season while recovering from elbow ligament-replacement surgery, Hutchison was 11-13 with a 4.48 ERA in 32 starts last season. He is 3-0 with a 1.80 ERA in four spring training appearances.

"He answered the big question last year coming off of surgery. He can do this," manager John Gibbons said. "He's bounced back and there's no looking back and it's a great honour for him. I think he'll handle it well."

R.A. Dickey had started Toronto's previous two openers.

Viciedo agreed with the Blue Jays on Feb. 28 and was competing for a reserve outfield spot after Michael Saunders

“

He answered the big question last year coming off of surgery. He's bounced back and there's no looking back and it's a great honour for him.

Jays manager John Gibbons

tore his left meniscus shortly after the start of spring training.

After being informed Tuesday that he did not make the opening-day roster, Viciedo requested his release. He would have earned \$2.5 million if he made the major league roster.

Viciedo, who missed part of spring training with a right foot infection, batted .233 with two RBIs in 15 exhibition games.

THE ASSOCIATED PRESS



Drew Hutchison will get the start in the Blue Jays' season opener on Monday at Yankee Stadium. THE CANADIAN PRESS

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SOCCER

Dutch too good for Spain again

The Netherlands beat Spain 2-0 in a friendly on Tuesday to earn embattled coach Guus Hiddink some breathing space after a poor start to his second term in charge of the Dutch national team.

Centre back Stefan de Vrij and midfielder Davy Klaassen scored first half goals for the Netherlands in the morale-boosting victory.

Spain, thrashed 5-1 by the Netherlands at the World Cup, never looked like gaining revenge thanks to a combination of bad finishing and good goalkeeping by Kenneth Vermeer.

Hiddink's second stint as Netherlands coach has been disastrous so far.

In seven matches ahead of Tuesday's friendly, his team had beaten only Kazakhstan and Latvia in European qualifiers and lost to Italy, the Czech Republic, Iceland and Mexico in qualifiers and friendlies.

Spain coach Vicente del Bosque, missing Chelsea striker Diego Costa, fielded an experimental side at the Amsterdam Arena, while Hiddink again had to make do without his injured stars Robin van Persie and Arjen Robben and was also missing centre back Ron Vlaar. THE ASSOCIATED PRESS



Spanish defender Gerard Pique tackles Dutch midfielder Wesley Sneijder in Spain's friendly loss on Tuesday. GETTY IMAGES

+

ROUND UP

Jozy sees red in U.S. draw
Jozy Altidore was ejected in the 68th minute for a foul and mouthing off at the referee, and the United States gave up another late goal in a 1-1 tie against Switzerland on Tuesday.

Edgy Belgium top group
Ten-man Belgium held on to beat Israel 1-0 in a 2016 European Championship

qualifier on Tuesday to put them top of Group B, after Marouane Fellaini netted and captain Vincent Kompany was sent off.

England steal late draw against Italians

Andros Townsend scored a late equalizer as England held Italy to a 1-1 draw in an international friendly at the Juventus Stadium in Turin, Italy on Tuesday.

THE ASSOCIATED PRESS



RECIPE Holiday Roasted Turkey Breast with Dried Apricot and Date Salsa

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

@rosereisman



Ready in

Prep time: 10 minutes
Cook time: 45-60 minutes

Directions

1. Preheat oven to 400 F. Line a large baking dish with foil and spray with vegetable oil. Place turkey breast in dish. Add garlic, paprika, vegetable oil, salt and pepper over top and rub all over.

2. Bake for 45 – 60 minutes or just until meat thermometer reaches 160 F. Let sit for 10 minutes before slicing.

3. Meanwhile, in a serving bowl add all ingredients for salsa and serve alongside sliced turkey.

Ingredients

- 1 – (2 – 2½ lb) boneless turkey breast, with skin
- 2 tsp minced garlic
- ½ tsp paprika
- 2 tsp vegetable oil
- Salt and pepper

Salsa

- ¼ cup chopped dried apricots
- ¼ cup dried copped dates
- 1 cup diced red bell pepper
- ¼ – ¾ cup diced green onions, white part only
- 1 tsp crushed fresh garlic
- ¼ cup chopped cilantro or parsley
- 3 Tbsp apricot jam
- 1 Tbsp pure maple syrup
- 2 tsp apple cider vinegar or freshly squeezed lemon juice

Nutrition per serving

- Calories 435
- Protein 36g
- Carbohydrates 37g
- Fibre 5g
- Total fat 9g / Saturated fat 2g
- Cholesterol 121mg



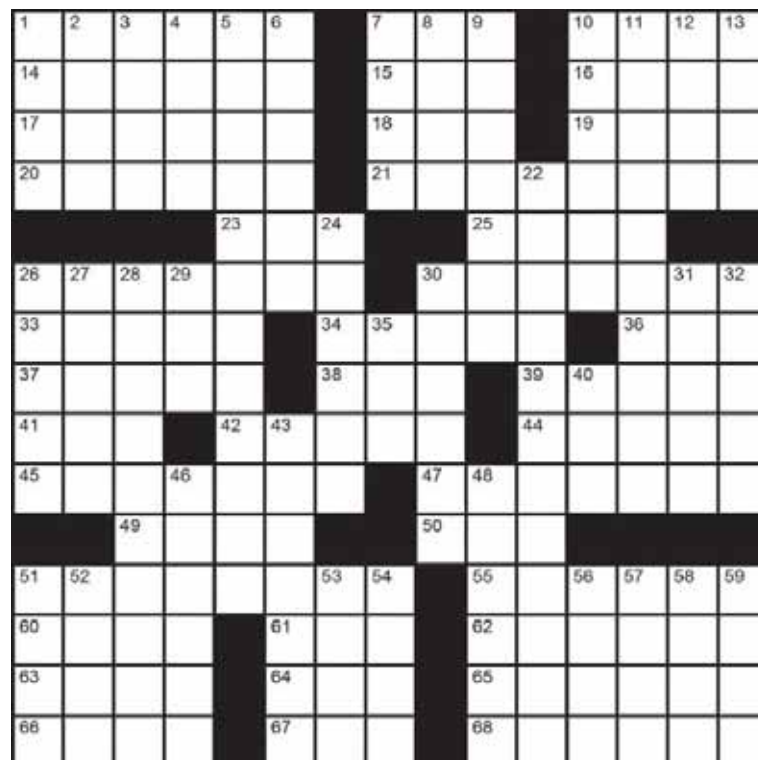
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE
metronews.ca

ACROSS

1. "MasterChef Canada" judge Claudio
7. Photo-taker, briefly
10. ___ yet (So far)
14. Drew Barrymore's acting dynasty relative
15. Granny: German
16. Barn pointer
17. Cleopatra's guy
18. T. ___ (Big dino)
19. Frantic situation, e.g.
20. Shock jock Howard's
21. Steakhouse serving: 2 wds.
23. Yes
25. Uni
26. Nickname, variantly
30. Montreal public transport
33. "Doubt truth to be ___" - Hamlet
34. Wetland
36. "Differ" suffix
37. 18th Greek letter
38. Addams Family relative
39. "Copperhead Road" singer Steve
41. Washington state river
42. Vivian of "I Love Lucy"
44. Fix a point
45. Guitar's one-of-six: letter + wd.
47. Doesn't give in
49. Paving stone



50. Singer Ms. Sumac
51. King Crimson's "21st Century ___ Man"
55. ___ Rico
60. Miss Lane
61. ___ Red apple
62. Anne Murray song bit: "___ a tear..."
63. Golden ___

- (Pond fish)
64. ___-fiction
65. Tell the book's story: 2 wds.
66. Play interlude, ___acte
67. Three-lettered animal
68. Self-___

DOWN

1. Sigher's word
2. Liquid amount
3. Memorization method
4. Poker question, "Are you ___ out?"
5. Rocker who covered The Guess Who's "American Woman": 2 wds.
6. ___ Palace

- (President of France's residence)
7. Walmart Canada ___
8. 'A' of USA [abbr.]
9. Russell Crowe's "Gladiator" (2000) role
10. Skincare brand
11. Singer from Mont-

- real with his own Band: 2 wds.
12. R.E.M.'s "The ___ Love"
13. Cartoon co-star of Phineas
22. In cooking... Bechamel, Espagnole, Hollandaise, Tomato and Veloute: 2 wds.
24. Readying for battle
26. Sister in Chekhov's play Three Sisters
27. Smorgasbords
28. Medical drama on Global TV starring Brendan Fehr, "The ___"
29. Helen Reddy's "___ Woman"
30. Blood carrier variety
31. Like a bulbless room
32. Footprints
35. Flight tower serv.
40. First three vowels
43. French-Canadian movie, "Mon Oncle ___" (1971)
46. Paul of "Mad About You"
48. Hit TV show set in the Hip-Hop industry
51. Gin fruit
52. Cob's stuff
53. Rocker Billy
54. Clammy
56. 'E' in QED
57. Taunt
58. Head: French
59. Basketball's Lamar

★ IT'S ALL IN THE STARS by Sally Brompton

♈ **Aries** March 21 - April 20
If you have been looking to get rid of a responsibility that has become a burden then now is the time. The planets make it possible for you to cut important ties without creating resentment.

♉ **Taurus** April 21 - May 21
The pace of life will pick up over the next few days and that's good news because you have been operating well below capacity. With Mars in your sign you will find it ridiculously easy to get things done.

♊ **Gemini** May 22 - June 21
You may be lacking in self-belief at the moment but it need not be a problem. Whatever you feel about your prospects if you just keep plugging away you will accomplish something worthwhile.

comply something worthwhile.

♋ **Cancer** June 22 - July 23
There is a huge luck factor working in your favor now and if you are smart you will milk it for all it is worth. The universe says it's your turn to benefit.

♌ **Leo** July 24 - Aug. 23
You are determined to move up in the world and if you start making things happen now it won't be long before you are in a position of prominence.

♍ **Virgo** Aug. 24 - Sept. 23
The planets are very much on your side at the moment. Mars, especially, is urging you to take a few risks and show the world what you are capable of.

♎ **Libra** Sept. 24 - Oct. 23

You will need to read between the lines today because what someone is trying to tell you is simply not true. This is one of those occasions when you need to be suspicious.

♏ **Scorpio** Oct. 24 - Nov. 22
Partners and work colleagues may seem more dominant now that Mars is moving through your opposite sign, but the only power they have over you is the power that you choose to give them.

♐ **Sagittarius** Nov. 23 - Dec. 21
You need to be on top of your game today, physically, mentally and emotionally, and that means a positive attitude is a must. Don't let anyone tell you that you are aiming too high.

♑ **Capricorn** Dec. 22 - Jan. 20

Mars in the most dynamic area of your chart makes all things possible, so forget about the things that went wrong and focus on the things that are going to go right.

♒ **Aquarius** Jan. 21 - Feb. 19
Don't stick your nose in someone else's business today unless they expressly ask you to do so. Partners and colleagues are a bit touchy at the moment, so don't try to run their affairs for them.

♓ **Pisces** Feb. 20 - March 20
Time is moving on and the world is moving with it – so why are you standing still? The best way to enjoy happiness and success is to earn them anew each and every day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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